

Workshop: Posture Management and effective use of orthotics for people living with MND

Programme

09:00 – 09.30	Registration and coffee
09.30 – 09.40	Introduction to the day – aims and objectives
09.40 – 10.40	Session 1: An exploration of common presenting posture and muscular skeletal problems, and their effects, in MND
10.40 – 11.30	Exploration of potential causes of presenting posture and muscular skeletal problems in MND
11.30 – 11.45	Comfort break
11:45 – 12.30	Session 2: Assessing posture and possible equipment solutions.
12.30 – 1.00	Lunch
1.00 – 2.15	Session 3: Orthotic solutions for neuro, muscular and skeletal symptoms in MND
2.15 – 2.30	Comfort break
2.30 – 3.30	Session 4: Case studies
3.30 – 3.45	Evaluations and close

