

Support Volunteer Visit Checklist

Preliminary Checks

Has the pwMND/pabMND requested this visit?	Yes/No	
Have you discussed the reasons for a face to face visit at this time (and the other forms of support available)?	Yes/No	
Do you have any relevant health issues which might put you more at risk as regards COVID-19?	Yes*/No	*If yes you may agree to provide support in an alternative way take extra mitigations such as only visiting outside.
Have all those involved with the visit had both doses of the COVID-19 vaccine?	Yes/No*	*If no you may agree to provide support in alternative way or take extra mitigations such as only meeting outside.
Will you be able to take a rapid lateral flow COVID test within 48 hours of the visit?	Yes/No	*If the result of the test is positive then the visit cannot take place and you should report to your local testing centre for a PCR test.
Is the visit planned for an indoor or outdoor location?	Indoor*/Outdoors	*If the visit is taking place indoors please see our separate guidance for volunteering inside someone's home
Having read the MND Association guidelines for safe behaviours do you feel confident you will be able to carry them out during your visit?	Yes/No*	*If no you should discuss this with your ASC
Have you discussed and confirmed with the pwMND/pabMND the safe behaviours that you will all need to follow on the visit?	Yes/No	
Do you feel confident that the location of the visit will allow you to meet these guidelines?	Yes/No*	*If you do not feel confident or the situation is not as arranged when you arrive then you must arrange an alternative means of support
Is the pwMND using NIV?	Yes*/No.	*If Yes then the visit must take place outside, and the NIV must not be used. If this is not possible please refer to ASC before proceeding further.
Have you discussed how many people will be present at the time of the visit and are you confident this meets current government guidelines?	Yes/No*	*If the situation is not as arranged when you arrive then you must arrange an alternative means of support.