Discuss this possibility at early stage and at regular intervals if person is open to do so.

Do not discount this option too early: the idea may not appeal at first but with clear information and time it may become welcome. A few, however, will never accept it.

Gastrostomy can be used for:
- medication,
- supplement drinks,
- water.

Explain that to decrease risk:
- Fit before respiratory levels are too limited
- Fit before weight is too low

Discuss pros and cons:
- Eating for pleasure. Eating is not just calories and nutrition – it is a social activity which gives pleasure.
- By meeting nutrition needs through a feeding tube it may be possible to maintain some social eating if safe to do so as the person is not reliant on oral feeding for all their dietary needs.