**Cost-of-Living crisis:**

**Please help us understand the cost-of-living challenges you are facing by taking part in this short survey.**

[add button – tell us how the crisis is affecting you]

With energy bills rising and everyday goods getting more expensive, the rising cost of living continues to be a serious issue for many across the country. We are concerned that people with MND may well be disproportionately affected by this crisis, as we know from our research that they are already paying thousands of pounds each year for support, specialist equipment and more.

To help us ensure that the voices of people with MND are heard by decision makers across the country, we’ve launched a survey to find out more.

Please help by taking part in the survey [hyperlink] as well as by sharing it on social media.

[Facebook button]

[Twitter button]

**Your stories**

Together with the survey, we also welcome personal stories to show the real-life experience behind each statistic. These stories are vital to the work we do, helping to illustrate the scale and impact of the crisis on people with and affected by MND.

If you would like to share your story and experiences, we will be available to listen sensitively. Please contact us for more information.

**Working with others**

Over the past year we have joined our voice with many other charities at Westminster calling on the Government to help those affected by the cost-of-living crisis.

Together with these groups we wrote to the [the Chancellor, Jeremy Hunt M](https://www.hda.org.uk/news/an-open-letter-to-the-chancellor?utm_source=Social+Media+Link&utm_medium=Instagram&utm_campaign=Cost+of+Living&dm_t=0,0,0,0,0)P detailing the impact of the cost-of-living crisis and calling for key benefits to rise in line with inflation. In November’s Autumn Statement, the Chancellor confirmed that this rise would go ahead, preventing a real-term loss of income for many people affected by MND.

**Next steps**

Once the survey is finished and we have reviewed the results, we’ll share some headlines here, along with ways you bring them to the attention of decision-makers and take action on the wider crisis.

[in a box]

**For more information from the Association about managing your cost-of-living challenges** [**please see our information page**](For%20more%20information%20from%20the%20Association%20about%20managing%20cost-of-living%20challenges%20please%20see%20http%3A/www.mndassociation.org/costofliving)**.**

[box ends]