

Useful Contact Numbers West Norfolk Area

Emergency Health Care

Telephone - 999

Non-emergency health advice and out of hours GP - 111

Community Nurse Hub (24hrs 7 days a week including bank holidays)

01603 518444

Out of hours nursing Team 01603 481234 6pm-8am

Care Swifts and Night Owls (24 hours)

0344 800 8020 (option 1)

Provides free help and support if you have an unplanned need at home but do not need emergency service (including falls)

Social Services Adult Care

0344 800 8020

Respiratory Service at Papworth - Patient 24hr helpline for **Papworth Respiratory patients only.**

01223 638365

Palliative and Hospice at Home care

Norfolk Community Health and Care palliative care Service 0330 158 8011

Tapping House general number - 01485 601700

24 hour 7 days a week Palliative care Phone line, advice for patients, families, and carers, Norfolk Community Health and Care

Call 0330 158 8011 and select option 2

Fresenius Kabi Helpline (24hr) (Enteral feed patients only)

0808 100 1990

UK Power Networks (24hrs)

0800 31 63 105 (in the event of a power cut)

Other services that do not provide 24hr cover but you can leave messages

West Norfolk Neurology Team, Norfolk Community Health and Care NHS Trust

01553 668599

community.neuro@nchc.nhs.uk

(includes neurology nurses, occupational therapists, physiotherapists, speech & language therapists)

Dietician (Queen Elizabeth Hospital)

01553 613613/01553 613507

MND Care Network Norwich

01603 647221

Queen Elizabeth Hospital Neurology Nurses King's Lynn

01553 613174

Dr Hensiek Secretary Queen Elizabeth Hospital

01553 613968

**Emma Larner MND Respiratory Physiotherapist
For Norfolk and Norwich Respiratory patients only**

Tel 01603 647221/0759238501

Helen Copsey

MND Care and Research Network Coordinator, Norfolk and Norwich University Hospital

01603 647221/07788597021

Carers Matter Support

0800 0831 148

carersmatternorfolk.org.uk

MND Association Care Service Navigator (Trish Moore)

07813 094820 - trish.moore@mndassociation.org

MND Connect

0808 802 6262