

Bedfordshire MND Association Group Activity - 2023

4th January - Carers Group
17th January - Support Group (Bedford)
1st February - Carers Group
13th February - Support Group (Luton)
1st March - Carers Group
21st March - Support Group (Bedford)
5th April - Carers Group
10th April - Support Group (Luton)
3rd May - Carers Group
23rd May - Support Group (Bedford)
7th June - Carers Group
12th June - Support Group (Luton)
5th July - Carers Group
18th July - Support Group (Bedford)
2nd August - Carers Group
14th August - Support Group (Luton)
6th September - Carers Group
19th September - Support Group (Beds)

4th October - Carers Group
9th October - Support Group (Luton)
1st November - Carers Group
21st November - Support Group (Bedford)
6th December - Carers Group
11th December - Support Group (Luton)

Additional Activities

Walk to D'Feet - Saturday 17th June

Family Picnic - Dates TBC

Jordans Mill Gardens, Tour & afternoon tea - Dates TBC

For further information please contact Jo Gardiner at Joanne.gardiner@mndassociation.org