



## Information resources: Palliative and end of life care

➔ Click the titles below to view the resources

### For health and social care professionals:

- **A professional's guide to end of life care in MND** (*A5 booklet*)
- **MND in acute and emergency care** (*A5 booklet*)

### For people with MND:

- **End of life guide for people with MND** (*A4 guide*)  
Our comprehensive and candid guide to help people with end of life decisions and opening difficult conversations.
- **Finding your way with bereavement** (*A5 booklet*)  
Information on finding emotional support when bereaved. Includes a practical overview of what to do when someone dies.
- **3D - Hospice and palliative care** (*A4 information sheet*)
- **8C - Withdrawal of ventilation with MND** (*A4 information sheet*)
- **14A - Advance Decision to Refuse Treatment (ADRT) and advance care planning** (*A4 information sheet*)
- **Just in Case Kit** (*storage box with compartments, stickers and leaflets*)  
Holds medication and information that may be needed for a sudden change in symptoms, such as breathlessness, coughing or choking.
- **Understanding My Needs** (*interactive A4 form*)  
A form to record care needs and share with professionals.

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