



Motor Neurone Disease



SUPPORT GROUP 2024

For people living with MND, their carers and families

1.30pm until 3.00pm (virtual) 1.30 pm – 3.30pm (face to face)

In person attendance (face-to-face): feel free to turn up and join in. No booking necessary
Virtual attendance: Link to join to be sent one week before the meeting to your email address.

If you are interested in attending any sessions virtually please let a member of the Therapy team know 0121 703 3600. You will then be sent a link to join the session.

Programme:

Wednesday 17th January: [Any Questions? – Caroline Davis MND CNS](#)

Wednesday 21st February: [Role of the MND Association & Association Visitors – MNDA](#)

Wednesday 20th March: [‘Time Out’ - for carers to be together and people with MND to be together for peer support/sharing of ideas \(face to face only\)](#)

Wednesday 17th April: [Social Worker and OT/Physio session - Equipment and care needs & Easter Social](#)

Wednesday 15th May: [Complementary Therapy- Jemima](#)

Wednesday 19th June: [‘Time Out’ - for carers to be together and people with MND to be together for peer support/sharing of ideas \(face to face only\)](#)

Wednesday 17th July: [Carers Experience – Hazel Carter](#)

Wednesday 21st August: [Advanced Care Planning \(Dr/CNS\)](#)

Wednesday 18th September: [‘Time Out’ - for carers to be together and people with MND to be together for peer support/sharing of ideas \(face to face only\)](#)

Wednesday 16th October: [Speech and Language Therapy team – Voice banking and Communication Aids.](#)

Wednesday 20th November: [Counselling team](#)

Wednesday 18th December: [‘Time Out’ - for carers to be together and people with MND to be together for peer support/sharing of ideas \(face to face only\) ‘Group chat & Support’/ Christmas Party](#)