

## Expert biography



### Dr Malabika Ghosh

Principal Lead Occupational Therapist

Lancashire Teaching Hospitals, NHS Foundation Trust

As an occupational therapist I am passionate about my profession and really enjoy working with patients, researchers, teachers and leaders in the field. I currently work as a Principal Occupational Therapist within Lancashire Teaching Hospitals, NHS Foundation Trust.

My clinical focus is on Motor Neurone Disease and other long term neurological conditions. I have spent a considerable part of my career working with people with a diagnosis of Motor Neurone Disease and their families. My research interests are in cognition, behaviour and the use of technology to improve health. I have specialist experience in using assessment and treatment techniques in neuro rehabilitation, cognitive and capacity assessments and management, behavioural management, postural management and seating, off the shelf and bespoke designed splints, collars and other orthotics, moving and handling assessments and specialist assistive equipment.

Following a Masters in Neurosciences, I completed my PhD exploring cognition and its role in influencing function within the neurorehabilitation setting. These have helped me develop a number of skills, one of which is to use clinical evidence base to improve outcomes for people in the acute and community settings. I am also passionate about research embedded within clinical practice settings because I believe it helps to add value to health outcomes

I have worked in several leadership positions leading occupational therapy teams, integrated rehabilitation teams and research teams. I have presented my work at several invited forums, nationally and internationally. I have also been instrumental in developing services to implement evidence base and improve clinical efficiency. I have led several funded research studies of my own as well as in collaboration with research teams, nationally.

