

Equipment and adaptations: patient choice and decision making

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Overview

Introduction

Anticipatory approach

OT pathway / MDT colleagues

Case Studies

Links with the MNDA

Questions



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Introduction

Heidi – Martlets

Fiona – Sussex Community Foundation Trust

How referrals come in

MDT focus

Joint assessment



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Anticipatory Approach

Anticipatory awareness (i.e., the ability to anticipate the difficulties that might be experienced in daily life situations) is a critical skill in occupational performance

The ability to have challenging conversations in a timely manner empowering patients to make informed choices and difficult decisions working together pre-emptively to avoid crisis situations



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Sheila

71-year-old lady diagnosed Dec 2022 with flail arm variant. Lives in a large house with her husband and one son. Another son close by. Very supportive family.

Sheila was open to suggestions from the beginning and embraced the anticipatory approach. As well as having relevant equipment in, she has completed her ReSPECT form, thought about and discussed end-of-life wishes and made her funeral plans.



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Sheila – equipment on issue

Edero arm Support
Grab rails
Mopstick rails
Shower stool
4” raised toilet seat
Bed loop for divan bed
Newel rail x 2
Free standing toilet frame
Accora Riser recliner chair
King size satin base sheet x 2
Over chair table



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Wendy

69-year-old lady diagnosed August 2022 with ALS. Lives with her husband Don in a bungalow. Daughter nearby.

Wendy explains her background in the video and for Wendy, despite being proactive and open to an anticipatory approach, there were barriers around her home environment.

One of her main goals is to avoid being housebound.



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Wendy – equipment on issue

Grab rails
Pressure cushion
Comfilift belt med
Slide sheets
Riser Recliner chair
Leg lifter
Shower commode chair
Toilet aid
4WW
Hospital profiling bed & mattress
Stairclimber
External stairlift – privately purchased
External ramping
Bed Grab Handle



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Jaki

Jaki is a 56-year-old lady diagnosed with ALS in August 2022 following a year of UL symptoms. Jaki lives with her husband Steve in a semi-detached property.

Jaki and her husband have found anticipatory planning very difficult and have been reluctant to accept equipment into the property. Jaki explains some of the reasons behind this and shares a reflection of how she feels now equipment is in.

Jaki communicates using eye gaze technology



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Jaki – equipment on issue

Bathlift
Stairclimber
Profiling bed
Commode – static
Walking stick
Walking frame - returned
Bathstep
Keysafe
Slide sheets
Mesh sling x 2
Universal deluxe slings med x 2
Bed support rails

Softform premier active 2 mattress & pump
H track wall mounted hoist – bedroom
4-way slide sheet system
Equazone PR cushion
Stairclimber
Kitchen board with spikes
Dovedale comfort commode
Deltis swivel seat for bathlift
Inflatable hair basin
Dolphin wall lift Hoist and accessories
Birdie Evo mobile hoist – Use in the lounge
Supportiback lumber support cushion



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MNDA Support

Supported by National charity at Head office and the local branch (East and West Sussex).

Cost of Living Grant £500

MND Support (Care) Grant

Quality of life grant

Carers and young carers grant

Children and young person's grant



[Financial support grants | MND Association](#)



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Complementary Support

Reflexology – the local branch of the MNDA funds monthly reflexology and access to art therapy.

Martlets offers acupuncture and reiki, as well as life writing classes, coffee mornings and other wellbeing events.



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Any questions?



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