

Psychological support for people living with MND – Developing a community service

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NICE NG42 guideline 1.6.2

<https://www.nice.org.uk/guidance/NG42>

Mersey Care Centre for Perfect Care

<https://centreforperfectcare.com>

Mersey Care Centre for Perfect Care – Suicide Prevention

<https://centreforperfectcare.com/our-work/suicide-prevention/>

Emotional and psychological Support Guide

<https://www.mndassociation.org/app/uploads/2020/07/Emotional-and-psychological-support.pdf>

Changes to thinking and behaviour with MND Guide

<https://www.mndassociation.org/app/uploads/2020/07/Changes-to-thinking-and-behaviour-with-MND.pdf>

Depending on the type of psychological support required, the following MND resources can be helpful:

- Something people find difficult due to emotional context is telling people about MND. This guide can help ease this - <https://www.mndassociation.org/app/uploads/2020/07/Telling-people-about-MND.pdf>
- Making the most of life with MND - this booklet focusses on quality of life and staying positive by doing the things you really want to do. <https://www.mndassociation.org/app/uploads/2019/01/Making-the-most-of-life-with-MND.pdf>
- Our main guide, Caring and MND: support for you, focuses on the carer's wellbeing and who cares for the carer. <https://www.mndassociation.org/app/uploads/2017/05/carers-guide-2016-interactive.pdf>
- Finding your way with bereavement booklet is primary for carer's and family members - <https://www.mndassociation.org/app/uploads/2019/01/Finding-your-way-with-bereavement.pdf>
This also includes anticipatory grief
- To explore the range of resources we have available for Children and Young People (CYP) and families visit www.mndassociation.org/cyp