

Using the 'Think Family Approach' with people with MND - lessons from practice

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NICE NG42 recommends (1.2.3) information on diagnosis, (1.2.7) Time aside to discuss diagnosis, (1.2.9) advice re carers assessments, (1.6) psychological support.

Our main guide, Caring and MND: support for you, focuses on the carer's wellbeing and who cares for the carer. <https://www.mndassociation.org/app/uploads/2017/05/carers-guide-2016-interactive.pdf>

Supporting children and young people close to someone with MND (including teachers). For any professional working with children or young people who have a parent, guardian, grandparent or close relative with MND.

<https://www.mndassociation.org/app/uploads/Supporting-CYP.pdf>

Something people find difficult due to emotional context is telling people about MND. <https://www.mndassociation.org/app/uploads/2020/07/Telling-people-about-MND.pdf>

Visit www.mndassociation.org/cyp to explore the range of resources we have available for Children and Young People (CYP) and families

MND: A Guide For Social Care Services

A booklet to help social care professionals, including social workers, to offer the best possible support to people with MND, their carers and family.

<https://www.mndassociation.org/app/uploads/2020/12/MND-A-guide-for-social-care-services-WEB.pdf>

Making the most of life with MND - focusses on quality of life and staying positive by doing the things you really want to do.

<https://www.mndassociation.org/app/uploads/2019/01/Making-the-most-of-life-with-MND.pdf>

Funding

Financial support grants - to find out more information visit

<https://www.mndassociation.org/support-and-information/our-services/financial-support-information-for-people-with-mnd/>

[Carer's and young carer's grant](#) for the main unpaid carer aged 16 or over caring for someone with MND.

[Young person's grant](#) (YPG) aged 18 or under who are **residing** with a person with MND. It can be applied for up to 12 months post bereavement.

Emotional and psychological Support Guide -

<https://www.mndassociation.org/app/uploads/2020/07/Emotional-and-psychological-support.pdf>

Changes to thinking and behaviour with MND Guide -

<https://www.mndassociation.org/app/uploads/2020/07/Changes-to-thinking-and-behaviour-with-MND.pdf>

Advance care planning and advance decisions

<https://www.mndassociation.org/app/uploads/2015/07/EOL9-Advance-care-planning-and-advance-decisions-2018.pdf>

Finding your way with bereavement booklet is primary for carer's and family members -

<https://www.mndassociation.org/app/uploads/2019/01/Finding-your-way-with-bereavement.pdf> this also includes anticipatory grief

MND Online Forums

An ideal resource for anyone living with or affected by MND.

<https://www.mndassociation.org/support-and-information/our-services/online-forum/>

<https://forum.mndassociation.org/forum/motor-neurone-disease-general-discussion/caring-for-someone-with-mnd/living-with-bereavement>

The MND Just in Case kit is designed to hold medication that may be needed if a person with MND experiences a sudden change in their symptoms, such as breathlessness, coughing or choking. Find out more

<https://www.mndassociation.org/professionals/publications/mnd-just-in-case-kit/>