



# Working with families living with motor neurone disease utilising the 'Think Family' model-emerging themes

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## **OVERVIEW OF THE ROLE**

2017 the MND Association funded a Family Support Worker Post (4 years) at the Greater Manchester MND Care Centre.









Who else lives in your house?

Who helps with your support and who is important in your life?

Is there anyone you provide support or care for?

Think Family

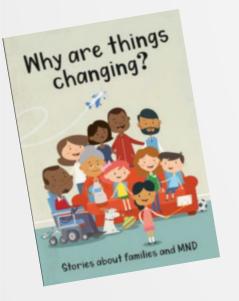
Does a parent need support in their parenting role?

Is there a child in the family?





# Sharing diagnosis with the family



Children

Client

Who do they talk to about feelings?

Imagination fills in the gaps

I don't want to think about it

I don't want to make them sad

I don't want to worry them







## How is MND impacting on their lives?





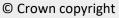


# **Quality of Life**

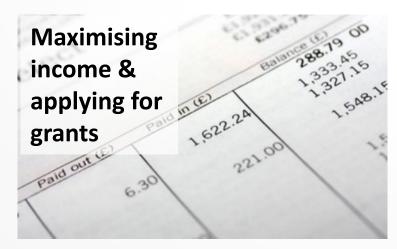
#### What resources are available in your area?

















### **CHANGING SYMPTOMS**





"He calls it my Darth Vadar Mask"





# **Memory making**





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#### Bereavement Support

What support is available? (National and Local)

Examples: MNDA 'Finding your way in bereavement' MND Connect 0808 802 6262

Winston's Wish, Child Bereavement UK – support for young people

Widowed and Young – for those who have lost a partner before their 51st Birthday

Cruise Bereavement Care- Help & Hope for Men Living with Loss











#### **SMALL THINGS MEAN SO MUCH**



"A Neater eater would mean my 10 year old son doesn't have to feed me"



Time of clinic appointment "I need to be back in time for the kids"



" Would you like me to think of some exercises with the football you could do with the kids"



"Hiring the wheelchair accessible vehicle was great, we had a great holiday"





#### **Conclusion**

Using the Think Family approach means we can improve our understanding of a situation and help families access the support and resources they need.

We can ask the questions- we don't have to have the answers!

I will be sharing this learning with the community teams we work with across Greater Manchester. I will be developing and sharing a road map of the key themes.

I hope that this work has been able to demonstrate meeting NICE NG42 (1.2.3) information on diagnosis, (1.2.9) Time to discuss diagnosis, (1.2.9) advice re carer's assessments, (1.6) psychological support