

Support and information for children and young people



MND Association

PO Box 246 Northampton NN1 2PR

Telephone: 01604 250505 www.mndassociation.org

If you or someone close to you has been diagnosed with MND, you may be worried about support for a child or young person in your family. We have information and services that may support you and your child.

Information

When someone close has MND

Our interactive workbook for 4-10 year olds to enable a trusted adult to talk to a young child about MND, at a speed that feels appropriate.

So what is MND anyway?

Our guide about MND for young people and young carers.

Supporting children and young people close to someone with MND For any professional working with children or young people who have a parent, quardian, grandparent or close relative with MND.

4A Communicating about MND with children and young people Information sheet on how to help children and young people understand what is happening when someone close is diagnosed with MND.

10G Support for families with children

Information sheet to help families with children access extra help.

Reading Lists - Books that may help conversations about death and loss.

Living with MND- Section 5: Family, children and friends

Caring and MND - Section 9: Support for children and young people **End of Life Guide - Section 7:** Discussions with family and children.

Support

Dedicated website area

Provides information about MND, support options and news for children and young people. www.mndassociation.org/ypinfo

Young Connect helpline

0808 802 6262 and youngconnect@mndassociation.org

Young person support grants

We offer a grant of up to £250 to support young people aged 18 or under who are affected by MND.

Family support events

Contact your nearest MND Association branch or group to find out more.

Contact our helpline for more information.

mndconnect 0808 802 6262 mndconnect@mndassociation.org