

Speaker Biographies



Phillippa Sharpe
**Specialist MND Occupational Therapist, Oxford MND
Care and Research Centre**

Phillippa qualified with an MSc in Occupational Therapy in 2007. She has worked in continuing disability management; social services; palliative care and Assistive Technology.

In 2022 she joined the Oxford MND Care and Research Centre as their Specialist Occupational Therapist.

Phillippa is also a Deprivation of Liberty Safeguards Assessor and has published articles in OT News and Presented at the International Conference of Ageing and Disability.



Dr Rachel Woolrich
**DClinPsy, AFBPsS, Oxford MND Care and Research
Centre**

As a clinical psychologist Rachel has been working for the Oxford MND Care Centre since November 2021. In addition, she also works with patients with another neurological condition called Neurofibromatosis Type 2 (a condition where people develop nerve tumours). Rachel trained over 20 years ago and has worked across adult mental health, eating disorders, spinal injury and clinical health psychology more broadly.

In recent years she has developed a passion for working with people with life limiting health conditions as she believe psychology has so much to offer in terms of supporting people to feel a sense of agency and control. The main therapeutic models she uses are ACT and Cognitive Behavioural Therapy and she is committed to engaging in research to better understand the psychosocial impact of living with these health conditions.

