# Norfolk MND Care and Research Network Management of Motor Neurone Disease care pathway

#### Diagnosis of MND or probable MND

Diagnosing Neurologist to refer to MND Network via MND Care & Research Network Coordinator (ext 7221) Coordinator to arrange follow up in MND clinic at NNUH/Cromer/Beccles/QEH as appropriate Coordinator to make telephone contact with patient within 2 weeks of referral Diagnosing Neurologist to signpost to MND Association for immediate support

## At first MND clinic appointment

Introductions to core team- Neurologist/Palliative Care Consultant/MND Coordinator/MNDA representative Further discussion of diagnosis as necessary

Offer MNDA personal guide 'Living with MND' and also Norfolk MND Care & Research Network leaflet

Consider riluzole as per shared care agreement and arrange baseline bloods

Refer for initial baseline assessment by respiratory team (respiratory care then led by respiratory team in accordance with NICE, 2016 guidance)

Refer to community neurology nursing team

Refer for therapy input as needed (see box below)

Request GP adds patient to local palliative care register where available

Discuss driving and advise notification to DVLA

Ensure patient aware of entitlements and direct to www.mndassociation.org/benefits advice. Consider DS1500

Ensure patient aware of local MNDA branch and support groups/volunteer support. Gain consent for referral

Discuss patient's/carer's research interest and discuss relevant studies

Obtain consent to share patient information with other health and social care professionals involved in person's care

#### Review in MND clinic at intervals according to need

Ongoing assessment of need and consideration of referrals to:

- Nutrition clinic (refer to MND Gastrostomy Pathway)
- Occupational Therapy/Physiotherapy
- Respiratory MND Physiotherapist
- Orthotics
- Environmental controls
- Wheelchair services
- Speech & Language Therapy
- Dietetics
- Community specialist palliative care support

Ensure patient is offered opportunity to discuss advance care wishes

Consider follow up in supportive care and symptom management clinic (under Dr Barry)

### For patients admitted to hospital

Trust Docs ID: 15700

Coordinator/member of neurology nursing team to visit patient whenever possible

Ensure palliative care team aware of admission

Review patients advanced care wishes/preferred place of care

Ensure carers' policy adhered to and carers are offered to stay with patient, whenever possible

Coordinator to ensure community neurology team aware of admission

Author/s title: MND Care and Research Network Coordinator Date approved: 21/11/2018 Review