



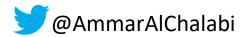


**University of London** 

# Motor neuron disease

#### Ammar Al-Chalabi All Party Parliamentary Group on MND 5 June 2020

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# King's College London

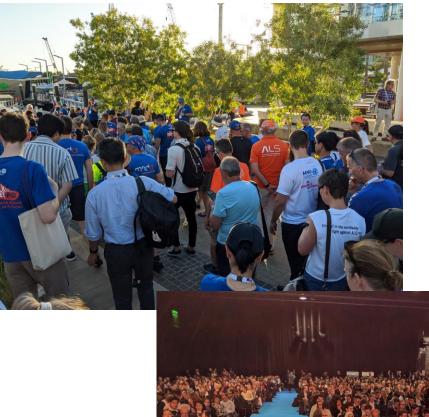
- Professor of Neurology and Complex Disease Genetics at King's College London
- Consultant Neurologist at King's College Hospital
- Director, King's MND Care and Research Centre
  - Supported by MND Association
- Head of Department of Basic and Clinical Neuroscience, KCL





# MND Association

- MND Association Biomedical Research Advisory Panel member
- Incoming Programme Lead for International Symposium on ALS/MND
- Lead for 3 national or international MND Association flagship projects
- MND Association clinical adviser for COVID-19 guidance for people with MND
  - Also representing patients, patient associations and MND specialists to CMO's Office regarding Extreme Shielding





# Key MND facts

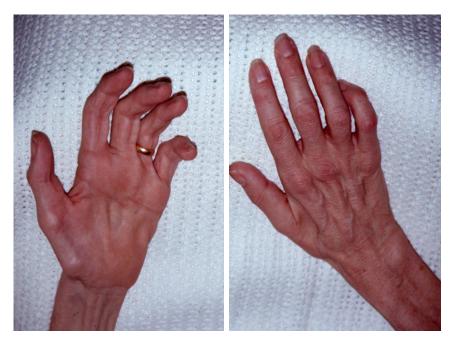
- MND will kill 1 in every 300 people
  - Would be as common as MS
  - Because life expectancy is short, appears rare
- Most common neurodegenerative disease of mid-life
  - Kills people in their prime
- Burden emotionally, socially, economically is huge
  - Most common reason to seek assisted suicide
  - Most feared diagnosis
  - Cost every 3 months is
    - £1096 in King's stage 1
    - £3311 in King's stage 4
- We need to find a cure



Doddie Weir, Stephen Darby, Rob Burrow

# Clinical trials

- Studies to find new treatments for MND - eg
  - Immune therapy
  - Muscle strengthening
  - Gene therapies
    - Directly modify gene
    - Treat a specific gene product
- International collaborations
  - UK a world-leader
- Essential MND has no cure and no effective treatment





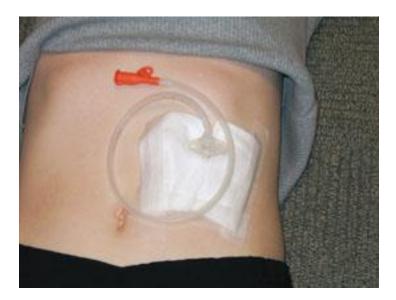
#### Issues

- Funding climate
  - Funding almost all charitable (MND Association, My Name'5 Doddie Foundation) or commercial



#### • Pandemic

- Existing trials paused
  - Safety monitoring difficult
  - Sample collection difficult
  - Breathing assessment impossible
- New trials
  - Initial setup possible
  - Recruitment paused



### Genetics

- Studies to find the cause of MND
  - Genetic contribution to risk
  - 10% have a family history
- International collaboration
  - UK a world leader
- Project MinE
  - Largest single disease sequencing project in the world
  - 12,000 whole genomes so far
  - Cost > £12 million
  - 20 countries
    - Led by UK and NL
- Essential for new treatment development



#### Issues

- Funding climate
  - Funding all charitable (MND Association in UK)

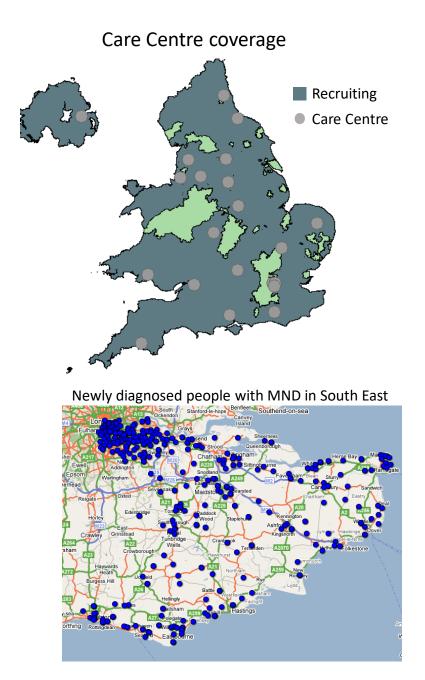
#### • Pandemic

- Sample collection paused
- Sample analysis
  - Laboratory work paused
  - Computer work continues
- Gene-hunting continues
  - Statistical tests



# MND Register

- Register of every person with MND in England, Wales and Northern Ireland
  - Currently at about 70% coverage and rising
- Includes clinical information
- Integrates with other research
- Essential allows mapping of care provision vs care need



#### Issues

- Funding climate
  - Funding all charitable (MND Association, Betty Messenger Foundation)

#### • Pandemic

- Collection of information from hospitals paused
  - Research nurses redeployed
  - NHS Trusts focussed on COVID-19 research for approvals
- Cannot consent patients directly
  - Self-registration is the only method
- Ethics Committees prioritizing COVID-19 research



### How can government help research?

- UK is world-leading in MND research despite funding climate
  - Largely because of effectiveness of MND Association
  - Strong collaborations worldwide
  - Charitable income threatened by pandemic
- Mitigate effects of pandemic on future funding and existing projects
- Generally improve funding landscape
  - Coordinate with charities and international funders
- Reduce bureaucracy



research

# Take home messages

- MND is a devastating diagnosis
  - Effective treatment is urgently needed
- UK is world-leading even with the existing funding barriers
  - Situation worsened by pandemic
- Government support is essential

