## **Chat transcript – Questions and answers**

An overview of NCIG's approach to delivering on psychological and wellbeing needs of people living with neuro conditions across Wales

## Q1. when would the questionnaire be going out

A1. final comments are due back to 28/4/23 and then I will aim to circulate and ask for help to circulate by the end of the week beginning 8th May.

## Q2. will there be a model to support wellbeing that can be rolled out, plus what funding is available for providing comp therapies?

A2. The new NHS Executive will give us the opportunity to re-evaluate what is required to improve an individual's journey through healthcare, social and community support. The discussion in the sub group is how do we understand what is needed and not what will be developed to sit on a shelf. We want our outputs to be meaningful, but this will take time. A model may be one of these opportunities.

We need those impacted and caring for those with MND to be in the room when the conversations and discussions are taking place to understand MND needs and build on what Sian has achieved. We can't promise overnight impact but hope to develop an accessible and accessible level of care for all those with Neurological conditions, when and how its needed.

## Q3. Can this model of working and a psychoeducation programme be adapted for people living with and affected by MND?

A3. That's what we are hoping, elements of anyway. This is the benefit of sharing experiences in NCIG, Linda, Daryl and team have also received Bevan Commission funding for evaluation and possibly scoping the service into other conditions? Linda I'm sure could expand on this work.

Q4. It's very exciting hearing about NCIG and the plans, a concern is North Wales being left behind in the funding for psychology services and it doesn't happen for people who are living with degenerative Neurological conditions living in the North!

A4. That is exactly what I want to avoid. The Neurological Conditions Strategic Clinical Network is all Wales, and I will be focused on ensuring the voices of those living and working in North Wales help drive all Wales accessible services. We won't have funding, but instead will focus on the needs of patients and support health boards to prioritise service redesign to meet those needs. The rehabilitation workshop will be delivered in North Wales, and I encourage any individual become part of this conversation when the opportunity is offered.

The survey will hopefully capture all these methods of support, the Schwartz rounds are included as an option for clinicians.