Information resources: Swallowing and nutrition

> Click the titles below to view the resources

For health and social care professionals:

- P3 - Managing saliva problems *(A4 information sheet)*
- P8 - Dysphagia *(A4 information sheet)*
- P9 - Oral suction *(A4 information sheet)*
- Nutrition and enteral feeding webpages
  www.mndassociation.org/nutrition
- Dysphagia webpages
  www.mndassociation.org/dysphagia

For people with MND:

- Eating and drinking with MND *(A4 guide)*
  Information, tips and easy-swallow recipes to help people with MND maintain the enjoyment of eating and drinking for as long as possible. Also available as a web app.
- 7A - Swallowing difficulties *(A4 information sheet)*
- 7B - Tube feeding *(A4 information sheet)*

View our publications at: [www.mndassociation.org/publications](http://www.mndassociation.org/publications) or order printed copies from our MND Connect Helpline:
Phone: 0808 802 6262
Email: mndconnect@mndassociation.org