



Information resources: Swallowing and nutrition

→ Click the titles below to view the resources

For health and social care professionals:

- **P3 - Managing saliva problems** (*A4 information sheet*)
- **P8 - Dysphagia** (*A4 information sheet*)
- **P9 - Oral suction** (*A4 information sheet*)
- **Nutrition and enteral feeding webpages**
www.mndassociation.org/nutrition
- **Dysphagia webpages**
www.mndassociation.org/dysphagia

For people with MND:

- **Eating and drinking with MND** (*A4 guide*)
Information, tips and easy-swallow recipes to help people with MND maintain the enjoyment of eating and drinking for as long as possible. Also available as a web app.
- **7A - Swallowing difficulties** (*A4 information sheet*)
- **7B - Tube feeding** (*A4 information sheet*)

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