# Middlesbrough MND Care Centre
## Care Pathway for people affected by Motor Neurone Disease

### Before diagnosis
- **Neurological symptoms suggestive of MND**

Refer to consultant neurologist
- To be seen in general clinic within 4 weeks
- Investigation to include: EMG/NCS, MRI, Bloods, +/-LP

### MND confirmed/diagnosis is given
- Patient minimum information must include:
  - ‘MNDA: An introduction to MND’
  - ‘MND Middlesbrough Care Centre patient leaflet’
  - ‘Care centre advice line details’

### At diagnosis
- **Document subtype in patient medical notes:**
  - Amyotrophic Lateral Sclerosis (ALS)
  - Progressive Bulbar Palsy (PBP) Progressive Muscular Atrophy (PMA)
  - Primary Lateral Sclerosis (PLS)
  - Kennedys

Refer patient MND Care Centre MDT
- To be seen at home or in clinic by the MND nurse specialist within 2 weeks of referral.
- Nurse specialist to be informed if patient is not to be contacted/seen

Consider prescribing Riluzole as per shared care protocol
- Riluzole
  - 3 months’ supply to be issued from JCUH
  - Bloods (LFT, FBC, U&E, gamma GT) to be taken prior to commencing Riluzole and at months 1, 2 & 3.
  - GP to continue monitoring at months 6,9,12 & 6 monthly thereafter.
  - Shared Care Protocol to be sent to GP after 3rd monthly blood results are available and no complications identified.

### Following diagnosis
- All newly diagnosed patients to be seen in Dr Evans general clinic within 4 weeks of diagnosis

All patients offered the opportunity to be seen in the MND MDT clinic by:
- Consultant neurologist
- Nurse specialists
- Dietitian
- Occupational therapist
- Speech & language therapist
- Physiotherapist

Care will continue in the community
- Symptom management
- Respiratory function
- Swallow and nutrition
- Psychological well-being
- Mobility, spasticity & pain
- Family assessment & support
- Social care, finance & housing
- Driving, Wheelchairs, aids & adaptations
- Advance care planning

Onward referral
- Respiratory
- PEG MDT
- Psychology
- MND Association
- Palliative care
- AHP/Nursing/medical
- Social care
- Wheelchair services

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## Middlesbrough Care Centre Team Contacts

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