FUNDRAISING GROUP

Did you know that as part of the West Yorkshire Branch, we have a Fundraising Group? This group of volunteers meets every couple of months or so to discuss fund raising events that are coming up and what the branch needs to do to support them. That might be having a branch representative there to help on the day with a bucket collection, selling raffle tickets or MND Association merchandise. **Alex Shann**, who is an Association Visitor for the branch, has recently become the fundraising lead volunteer. We would like to welcome Alex into this role and hope we can give her any support she needs. If you feel you would like to volunteer for the branch as part of the fundraising group, please do get in touch with us. Our contact details are in this newsletter. **Tracy Sanderson**, Vice Branch Chair.

FISHING MATCH

On July 15th, **Angus O’Donnell**, our Regional Fundraising Representative, gave his total support to the **Anne Walker Fishing Shield**. Unfortunately, the rain was relentless, with thunder and lightning, nevertheless, Angus fished on. This year, in memory of Anne, **Graham Walker**’s wife, it was held at 100 Oaks Caravan Park, Sutton upon Derwent, York. Despite the weather, £4,662.75 was raised for the Yorkshire MND Branches. Angus was wet through and he has a story to tell about ‘the one that got away’ Thank you Graham, for organising the event, yet again. And Angus for your perseverance.

NORMANTON GOLF CLUB

Normanton Golf Club

**Captain, David Ryley**, had a very busy week starting on July 7th with a 7 in 7 challenge. David with Jack Longley completed 77 holes in 14 hours. On Monday 10th July, to celebrate the 25th anniversary of the club’s move to Hatfeild Hall, 96 players took part in the 25th Anniversary Open. **Tracy Sanderson and Colin Hey** were there to sell raffle tickets. The Captain’s Golf Day was on Saturday 15th when 135 golfers braved the weather. Representing the Branch on that day were **Rachel and Ella Brooke** and **Tracy** selling more raffle tickets. David’s target for the year is £7777 for the Branch and he’s well on his way with the total so far, standing at approximately £5000. Well done and thank you to David and all the players at Normanton Golf Club.

CLECKHEATON GOLF CLUB

Thanks go to Cleckheaton Golf Club **Captain Adrian Jowett** for choosing us as his charity of the year. His Charity Day was a great success with a raffle and auction. Tracy was there to represent the Branch, she said, “It was great to meet such generous people and the meat and potato pie was pretty good too.”

COMMON THREADS

During Holmfirth Art Week at the beginning of July, Common Threads held an auction donating the proceeds to the West Yorkshire Branch in memory of **Anne Greenwood**. We are grateful for the £62 raised.
MOTABILITY AND A WHEELCHAIR ACCESSIBLE VEHICLE (WAV)

Gillian and David Hardwick explain the complexities of acquiring a WAV.

Since being diagnosed with MND in October 2020, Gillian’s strength and mobility has steadily declined. Having the use of a powered wheelchair has been a great help during this time, but the process of transferring from the chair to the passenger seat of our ‘ordinary’ car, and vice versa, was becoming such a drain on her limited energy levels that any journeys (medical or pleasure) were something to endure, not enjoy.

A vehicle adapted to allow Gillian to travel safely and comfortably, while seated in her wheelchair, seemed to be the way forward. What we needed was a WAV, but how would we go about finding more information about such vehicles.

I had heard of, but knew little about, the Motability Scheme which friends pointed us towards. The scheme provides a simple way to lease a new car, wheelchair accessible vehicle, scooter or powered wheelchair without the worry of owning and running one.

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It is available to anyone who receives one of the qualifying benefits listed on their website. All or part of their mobility allowance is then transferred to Motability Operations Ltd for the duration of the lease period, which may be 3, 4 or 5 years. The lease includes provision of the vehicle, insurance for up to 3 named drivers in the case of cars and WAV's, service and maintenance, full breakdown assistance, tyre repair and replacement, window and windscreen repair or replacement and a 20,000 miles allowance for each year of the lease. The website gives details of over 4,500 Motability Scheme dealerships in the UK. We found the name and address of a dealership just a few miles away from our home, and I made an appointment to visit and talk to them about WAV's.

Chris Murray was my contact at GowringsVersa in Batley (now located in larger premises in Birstall). Chris could not have been more helpful, showing me the range of vehicles which the company could provide and explaining the process involved in getting one. Although new WAV's can be ordered, the supply line of new vehicles is very long winded at the moment. Chris explained that a nearly new WAV would be the way to go. These are vehicles which have been out on lease, and have then come back into the Scheme. Up to 4 years old with no more than 50,000 miles, these nearly new WAV's can be provided on a shorter lease term and are generally available quicker than a new vehicle.

Having asked Chris to formally begin the process of obtaining a suitable WAV, we were very fortunate to hear that one was arriving in Batley within a couple of weeks. He brought the vehicle to our house for us to see and to try. It was just 12 months old, and perfect for Gillian in terms of accessibility. Chris completed all the paperwork needed to order the WAV, including Gillian’s authority to allow Motability to seek access to the mobility portion of her Personal Independence Payment from the Department of Work and Pensions.

GowringsVersa kept us informed as to how this administrative process was progressing, and they organised taxation of the vehicle with DVLA. One day short of 2 months after my initial enquiry at GowringsVersa, our WAV was delivered to us. We were given a thorough talk through on delivery, covering the vehicle operation itself and the use of the ramp, front and rear securing points for the wheelchair, additional seatbelt for Gillian etc.

This WAV has been a gamechanger for us, opening opportunities to get out and about whilst preserving as much of Gillian’s energy as possible to allow her to enjoy these outings.

Gillian and David Hardwick
Nigel Pamment wrote, "Phil Long is a long-standing member of the scooter club and a good friend of us all. Phil has ridden scooters for years and loves the scene and the camaraderie that the club has. When Phil told us last year that he has MND, we decided we wanted to do something so me and the lads decided to dedicate our next annual multi meet to MND. Our base is The Shoulder of Mutton pub in Mirfield and the owners have hosted and supported us for a long time. They agreed it was a good idea.

So, on Saturday 15th July we had our annual ride out on our scooters and then came back to the pub where the band, called Modness was playing; they absolutely rocked the place. We all, including Phil, had a great day and night and we collected £500 at the event which we want to donate the West Yorkshire Branch of MNDA as a thank you for your support to our Phil.” Looks like a great day out, thank you for your support.

Lee Farrar with Angus O’Donnell

This is Lee Farrar, an MND Warrior, living with MND. He completed his ‘Run 60 Miles in August’ in just over 3 days. But he didn’t stop. Instead, he carried on running, raising awareness for MND and all those MND Warriors who can’t do what he can. He deserves a medal, so I gave him one. Well done Lee, and thank you. Angus O’Donnell

On August 28th, the Branch had a great day with our stall at Brighouse Sports Centre. We had a raffle and tombola which were very successful. Thanks to Lynn Pritchatt and John Horsley for their brilliant organisation and help on the day. It was great to see some old friends, June Cox, Ian and Rachel Flatt. Well done to Tanya Arnold our Patron, for taking part in the bowls competition. Thanks to Angus O’Donnell, Alex Stanley Shann and her daughter, Liv for all their help. Well done Gary Bentham on winning the luxury hamper. Tracy Sanderson.

Graham Berry took on a huge physical and mental challenge running 150k over two days. On September 9th he set off from the Wigan Warriors stadium, finishing on the 10th at the Leeds Rhinos home at Headingley. He said, “I am running for every person and family living with MND and particularly with Rob and Lindsey Burrow in mind as Rob has been my inspiration and motivation for the last three and a half years. Thank you to EVERY person, company and organisation which has supported me or donated and helped raise £11,568 and awareness for the MND Association.”

justgiving.com/fundraising/robburrow7
Preparing for his challenge, Phil Ward said, “As MND increasingly takes its toll, I am unable to do sports I have loved over many years. The traditional ironman triathlon is 2.4-mile swim, 112-mile bike ride and a full marathon. On Friday 22nd September I will row (instead of swim) the English Channel (La Manche) on my rowing machine – 20 miles. On Saturday 23rd I will cycle Hadrian’s Wall on my exercise bike – 73 miles. On Sunday 24th I will take part in the Avove Yorkshire Run at Swinsty Reservoir – walking (instead of running) 5 kilometres.” Phil raised an amazing £1,640 for Water Aid, The Salvation Army and MND.

100K IN A DAY

Inspired by Rob Burrow and Kevin Sinfield, a group of 11 sports fans walked 100k in a day for the MND Association. Simon Hallas, who organised the walk, said, “We just wanted to do something positive so I quickly got a team of 10 guys together which includes football and rugby fans from Liverpool, Preston, Hull and Wigan, as well as overseas from France and Switzerland.” The group set off from Headingley Stadium and took a route through Castleford, Eggborough, Goole, North Cave and Gilberdyke, finishing in Hull. They managed to raise £10,365.

DONATION FROM A CELEBRITY CAT

Bolt, pest controller at Huddersfield Railway Station gave £100 of his birthday money in support of Ashley, TransPennine Revenue Manager, who ran with Richard Benny Shaw and friends.

GRAEME BRINE 101 DAYS

Graeme says, “I'll be running every day for 101 days from Friday 14th July to 22nd October in memory of my late brother, Ian Brine, who passed away at 49yrs old, from MND in 2020. I'll finish with one of the most prestigious road races in England, the Help the Aged Leeds Abbey Dash 10k. Running at least 4 miles every day, anything up to a half marathon distance totalling at least 450 miles. The majority of these runs are straight after a 4 hour walk at work doing my postal round.” £351 raised for the MND Association.
TOUCH RUGBY
June 16/17th a whopping £37,400 raised.

YORKSHIRE PROPERTY TRUST

A BIG thank you to The Yorkshire Property Trust for choosing us as their charity to support, at their annual football charity day in September. A football match was held followed by a gala lunch at The Queens Hotel, Leeds. The West Yorkshire Branch donated several auction items which fetched amazing amounts. The total raised for the branch was £8000 + gift aid.

Tracy Sanderson (On the Big Screen).

An evening of melody and merriment.
VIP guests attending include Rob Burrow MBE and his amazing family & ITV Coronation Street actor MND Association Ambassador Daniel Brocklebank.
We warmly welcome all our guests to what will be a fabulous evening of fun, friendship and hilarious entertainment.
Ticket: £75
Table of 10: £675
Book tickets via: www.therugby2023.co.uk
Ref: MTU events info/foundation

CHRISTMAS FAYRE
JOIN US FOR CHILDREN’S CRAFTS, VARIOUS STALLS, REFRESHMENTS, OUR AMAZING RAFFLE, A CHANCE TO MEET SANTA AND LOTS MORE...
DECEMBER 2ND • 11AM-3PM
RAISING FUNDS FOR MOTOR NEUROLOGY DISEASE ASSOCIATION
AT HANDPRINTS DAY NURSERY AND PRE-SCHOOL, SUNDERLAND, SR6 9GG

The Masked Entertainer
Charity Gala Dinner
Saturday 18th November 2023
6.30pm – Late
Headingley Stadium
St Michael’s Lane, Headingley, Leeds LS6 3BR
• Drinks Reception • Fine Three Course Meal • Full evening of Entertainment • Raffle • Auction
Near wherever makes you feel better!
Proceeds will go to ’The Rob Burrow MND Centre Appeal and MND research

West Yorkshire Branch
Autumn 2023
MND Tracheostomy Carers Group

Are you caring for someone living with MND and a tracheostomy?

Join other carers at our zoom support group via:
- Friday 30th June at 11am
- Tuesday 26th July 2023 at 3pm

to share ideas and experiences with other carers. It is an online informal group for peer support. We can send you the zoom link.

If you would like to join please email: Alli.Anthony@mdassociation.org
or Lisa.burnett@mdassociation.org

MND Tracheostomy Carers Group

Britain's MND Veterans Group Needs You

Please join us on the 4th Wednesday of each month 2:30 - 3:30 pm

We would like to welcome all veterans to join us for a different type of support. Not just about MND but about you and your background and some common interests. A safe place to talk with like-minded people.

Please let me know if you would like to join us and I will send you a zoom link to join.

Please contact: Dawn.pond@mdassociation.org

MND Carers Group

PMA-PLS Support Group

Zoom Support Group

Meet up with other people living with or affected by PLS or PMA. We meet on the second Monday of the month at 5 pm (UK time). The dates are: 9th January, 13th February, 13th March, April TBC, 8th May, 12th June, 10th July, 14th August, 11th September, 9th October, 13th November, 11th December.

For more information or to receive the zoom link please contact: Alli Anthony, Area Support Coordinator Alli.anthony@mdassociation.org

MND Carers Group

Current carer for a person with MND?

If so, you’re welcome to join us on the 1st Wednesday of the month. Meet others in the same situation in a friendly, supportive and gentle environment.

Where: The Holiday Inn, Queens Drive, Ossett WF5 9BE
Time: 10-12noon

For more information contact: michelle.mallal@mndassociation.org 07876575032
Sam: samanthaoakes@nhs.net 07717701229

MND Carers Group
Wednesday 8th November. Normanton Golf Club, Hatfield Hall, Aberford Road, Wakefield, West Yorks, WF3 4JP. 1.30pm - 3.30pm.
Take Junction 30 M62 - then the A642 towards Wakefield, carry on for one & three quarter miles all the way to the Golf Course. The Golf course is on the righthand side of the A642 immediately following the bends after the turn off at 'Ferry Lane'.

Wednesday 13th December. Skelton Lake Services, LS9 0AS. Located at J45 of the M1 approximately 2 miles east of Leeds city centre. 1.30 - 3.30pm
The management at the Services have agreed to cordon off the upstairs area for our use (above the Pumpkin Cafe) accessible by Lift and a ‘feature’ staircase. There will be a RSPB Visitor Centre and Viewing Deck within the Food Court Building, with extensive views across Skelton Lake and the surrounding countryside.

MND AWARENESS FC
First official fixture for 2024 MND Awareness FC v Supporting Charities FC, raising money for the MND Association. A ticketed event, £4.00 per person, children free with a donation bucket at the gate. Kick off time to be decided. Keep watching for when tickets go on sale.
Venue - Brighouse Town Football Club, Heffernan Utilities Stadium, St Giles Road, Hove Edge, Brighouse, HD6 2PL

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West Yorkshire Branch Motor Neurone Disease Association

@mnd_west_yorkshire

https://twitter.com/mnda_westyorks