

Workshop: Advance Care Planning (ACP) - Principles, tools and techniques

- 09:00 *Registration and coffee*
- 09:15 – 9:30 **Introduction to the day** – aims and objectives
- 09:30 – 10:15 **Session 1: What is ACP and why is it important for people living with MND?**
In this session you will explore the concept of ACP
You will discuss:
 - What's already being used in your area?
 - What works/what doesn't?
- 10:15 – 11:00 **Session 2: What to consider when exploring ACP with your patient.**
In the session you will identify the possible areas of treatment and other considerations people living with MND may need to think about for ACP.
 - **NIV**
 - **PEG**
- 11:00 – 11:15 *Comfort break*
- 11:15 – 12:15 **Session 3: Whose job is ACP anyway? The role of the MDT in good palliative care.**
 - How it works elsewhere
 - The local landscape
- 12:15 – 1:15 **Session 4: Communication and ACP – starting and holding valuable conversations.**
 - Blocks/brakes/fears/training available
- 1:15 – 1:45 *Lunch*
- 1:45 – 2:45 **Session 5: Practicing communication techniques**
- 2:45 – 3:00 *Comfort break*
- 3:00 – 3:45 **Session 6 - Case studies**
In this exploratory session you will be provided with case studies. You will have an opportunity to consider and discuss each patient and, using what you have learned, The consideration of each case will be supported through interaction with presenters from throughout the day who will explore the issues and considerations further and answer any questions.
- 3:45 – 4:00 **Evaluations and close**