

Norfolk, Norwich, and Waveney Useful Numbers

Community Nursing Support

- Norwich, North and South Norfolk - 01603 518444
- East Coast and Waveney - 01493 809977

Emergency Health Care

- Telephone 999
- Non-emergency health advice and out of hours GP 111

Care

- Swifts and Night Owls (24 hours) - 0344 800 8020
(Provides free help and support if you have an unplanned need at home but do not need emergency service - including falls)
- Social Services Adult Care - 0344 800 8020
- Carers Matter Support - 0800 083 1148

Palliative and Hospice at Home care

- Priscilla Bacon Lodge - 01603 255720
- East Coast Hospice at Home - 01493 809977
- Problems with equipment NRS - 0300 1000 716
- Fresenius Kabi Helpline (24hr) - 0808 100 190

Other services do not provide 24hr cover but you can leave messages

- Trish Moore MND Association Care Service Navigator - 07813 094820 - trish.moore@mndassociation.org
- MND Connect - 0808 802 6262
- Community Dietitian - 01603 216021