



# Our Strategy

2025-2030



# Introduction

For more than 40 years, the Motor Neurone Disease (MND) Association has led the fight against MND - funding groundbreaking research, supporting people affected by the disease, and campaigning for change.

We are proud of the progress made, but there is still much to do. There is still no truly effective treatment for the vast majority of people with MND. Access to care varies significantly by region, and too many people face isolation, disempowerment and barriers to living the life they choose.

The next five years offer real potential for change. Public awareness has grown - driven by the efforts of those who have shared their stories and aalvanised public support. This has fuelled fundraising, enabling us to support more people and invest in more of the research that will, one day, lead to treatments, and ultimately, towards our vision of a world free from MND.

With greater recognition and income come more choices, new challenges and fresh opportunities to work in partnership, to drive the change that the MND community needs. We must step up to meet those challenges, and make clear, strategic choices to maximise our impact and ensure a sustainable future for the Association so we can be here for people who need us now, and in the future.



Everything we do over the next five years will be guided by our purpose: that everyone with MND has choice and control today, and a future driven by research and innovation.

Our strategy is built around three interlinked Impact Goals, which together will create lasting change.

# **Our Impact Goals**

Tomorrow's **Treatment** 

My Support, My Way

Influence **High Quality** Care

#### Tomorrow's **Treatment**

We will accelerate progress towards effective treatments by investing in world-leading science, supporting the brightest researchers, and ensuring people with MND are diagnosed faster and have access to effective and proven treatments. Our goal is to turn understanding into breakthroughs and breakthroughs into treatments.

### My Support, My Way

We will give everyone with MND choice and control over their lives - providing them and their loved ones with information and support when, how and where they need it. We will put people with MND and their carers at the centre of everything we do - offering tailored, timely support that reflects individual needs and experiences. From emotional wellbeing and practical help to clearer, more connected services, we are committed to helping people make choices and access services that are right for them.

# Influence High **Quality Care**

We will push for consistently high quality, co-ordinated, personalised care for everyone with MND. By working with partners, influencing policy, and leading national campaigns, we will tackle systemic inequalities and ensure care and support systems meet the needs of people affected by MND.

Together, these goals form a single, unified mission:

To improve the lives of people with MND today, while building hope for tomorrow.

Everyone has a role to play. Whether you are living with MND, supporting a loved one, working in care, researching potential treatments, campaigning for change or raising vital funds to support the fight against MND - we invite you to join us. Working together, we can create the future people with MND deserve.



# **Impact Goal:**

#### **Tomorrow's Treatment**

Over the past four decades, we and our partners have significantly advanced understanding of the biology behind motor neurone disease. Yet despite this progress, MND remains a devastating, terminal illness, and the vast majority of people with it still have no choice or access to effective treatments. Much about the disease remains unknown. Promising treatments often fail during development, diagnoses are too often delayed, and access to clinical trials varies widely across the UK.

Over the next five years, we will build greater hope for the future for people living with MND by accelerating research and innovation with a focus on four priorities:

- 1. Deepening our understanding of MND: We will identify new ways to combat the disease by advancing our knowledge of its causes and progression, and of potential treatment targets paving the way for future breakthroughs.
- 2. Driving faster, more accurate diagnosis: We will drive innovation in diagnostic testing to ensure everyone with MND receives a prompt diagnosis and genetic profile, unlocking access to timely, tailored treatments.
- 3. Pioneering new treatments and care: We will play a vital role in translating cutting-edge science into real-world impact - supporting the development of new treatments and improving care through clinical trials and healthcare research.
- 4. Backing the brightest minds in research: Our investment has already helped build a generation of talented MND researchers. We will continue to attract and support the best scientific minds with training, funding, and world-class research infrastructure - ensuring MND research remains a vibrant, ambitious field.

### Impact Goal:

# My Support, My Way

Connecting with others, accessing the right support at the point of diagnosis, and having choice and control can all significantly improve both the physical and mental wellbeing of people living with MND. We are proud that our information and support services make a real difference, but we know, too often, help comes too late or isn't co-ordinated effectively.

Our research shows a third of people with MND feel lonely or isolated. Many struggle to access the right support to help them maintain the friendships, connections and interests they valued before diagnosis. Others face barriers to securing assistive technology or making vital home adaptations, limiting their independence and quality of life.

Over the next five years, we will ensure that everyone with MND has greater choice and control over their lives by focussing on four priorities:

- 1. Providing information and support tailored to each person's needs; We will provide personalised support to people with MND, their carers, and loved ones, helping them to access the right services from diagnosis through to end of life.
- 2. Ensuring everyone has the emotional wellbeing and psychological support they need: Whether through our own services or in partnership with others, we will help ensure more people affected by MND have access to emotional and psychological support, from the moment of diagnosis.
- 3. Practical and financial help when it's needed: While government should meet the financial needs of people with MND, too often it falls short. Until this changes, we will continue to provide vital financial and practical support, directly and through partners, to help people access the services and assistance they need.
- 4. A more joined-up support experience: We will integrate and streamline our services so more people, whether supported by staff or our incredible volunteer network, have a consistent, accessible and joined-up experience.



## **Impact Goal:**

# Influence High Quality Care

While some people with MND receive excellent care, far too many do not. Across England, Wales and Northern Ireland, the quality of care is inconsistent, and co-ordination of care is often disjointed, creating a postcode lottery where access to vital support depends on where you live. Even where services exist, they are not always joined up or of the standard people with MND have a right to expect. Too many people with MND do not have enough choice and control over the care they need.

Over the next five years, we will improve the treatment, care and support available for people with MND by focussing on five priorities:

- 1. Raising standards of care and co-ordination: We will work with partners to improve the quality and consistency of care for everyone living with MND. This includes funding dedicated care coordinator roles and influencing Care Centres and Networks.
- 2. Improving access to new treatments: We will work to ensure that more people have access to clinical trials. We will invest in a network of MND Research Nurses to facilitate access to relevant clinical trials. We will campaign to ensure people with MND are able to access new, proven treatments, and work with the NHS and across the wider healthcare system to ensure it is ready to introduce them.
- 3. Shaping policy and practice: We will influence decision-makers and system leaders at national and regional levels to close the gaps in care and support. Where data and insight are missing, we will collaborate with partners to fill them, ensuring policy is grounded in the real experiences of people affected by MND. We will be active members of coalitions calling for wider reforms, such as improvements to adult social care and fairer support for unpaid carers.
- 4. Shaping advances in healthcare and technology: We will ensure the needs and experiences of the MND community drive and inform advances in the quality of care and help our partners to find innovative technology solutions to give people with MND greater choice and control of their lives.
- 5. Leading bold, evidence-based campaigns: We will continue to lead campaigns on issues that matter most to the MND community. Whether it's securing access to housing adaptations, expanding availability of genetic testing and counselling, or pushing for new treatments to be made available on the NHS, we will use the power of our collective voice to demand better care and support.



Having the maximum possible impact for people affected by MND also means changing how we work. Over the next five years, we will make faster progress in giving people with MND choice and control today and a better future by working more in partnership with others. We also need to develop how we work as an organisation. Increased public awareness and support have enabled us to grow significantly in recent years. Now we must ensure we are equipped to operate effectively as a larger, more ambitious charity.

#### Over the next five years, we will:

- Grow our annual income to £50 million by 2030, so we can sustain and expand our research and support work.
- Improve how people affected by MND are involved in shaping our decisions and how we work, and ensure we are listening to an inclusive range of voices and views from across our community.
- Invest in awareness to deepen public understanding of MND and support our campaigning and fundraising to increase impact and reach.
- Harness data and technology to improve efficiency, increase impact and expand our digital engagement.
- Develop our people and culture to work more effectively and deliver the greatest possible benefit for our community.

