

# Guess my finish time!

I'm taking part in

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for the  
**Motor Neurone  
Disease Association.**

Please help me raise  
much needed funds  
by donating and  
trying to guess  
my official time.

Name	Finish time guess

Name	Finish time guess



**Thank you for your support.**



Registered charity no. 294354

# Boost your sponsorship

**Our Guess Your Finish Time sweepstake is a simple, fun way to boost your fundraising – and every pound you raise matters for people affected by motor neurone disease. Here's how.**

- 1 Decide how much to play.** We'd suggest between £2 - £5, but you can decide.
- 2 Decide on a prize.** A cash prize using a proportion of the total funds can work well. Or approach local businesses for a suitable prize for the winner, for example a gift card, bottle of bubbly or box of luxury chocolates.
- 3 Share the sweepstake.** Encourage friends, family or colleagues to take part and guess your finish time.
- 4 Run your race.** Whatever your time, we think you're incredible. Every step counts.
- 5 Share your finish time.** Select the winner with the closest finish time guess and give them their prize.