NW London Branch
Newsletter January 2026

MND Association

Message from Co-Chairs

We are pleased to attach the list of support meetings for 2026 and below is information on our branch events along with Association news. Please do not hesitate to contact us if you would like further information.

Information sheets - our Information and Professional Development Team has revised a range of information sheets to help people affected by MND make informed decisions about their care. These include support for breathing problems, tube feeding, air travel and ventilation and are designed to help understand the choices available and how these might impact you. www.mndassociation.org/support-and-information/information-resources/decision-making-aids

Government Social Care - help shape how the government plans social care in the future. The government has set up the Casey Commission on Adult Social Care to hear your experiences of how the system works today www.mndassociation.org/get-involved/campaigning/policy/social-care-policies/shaping-future-social-care-uk-casey-commission

Unlock the Door - ask your councillors to fast-track applications from people with illnesses like MND. https://act.mndassociation.org/2025-11-Unlock-the-Door

MND Matters - With more than 30 episodes, the podcast offers a wealth of information and insight from experts and members of the MND community. www.mndassociation.org/media/mnd-matters

MND Connect is proud to be accredited by the *Helplines Partnership*, demonstrating our commitment to delivering a safe, high-quality, and person-centred service. The MND Connect team offers information and support on all aspects of MND. It is available Monday to Friday between 9am - 4pm. Calls are free from landlines and mobile phones within the UK and are confidential and do not appear on itemised bills. Call us: 0808 802 6262 / Email us: mndconnect@mndassociation.org

======

MND NW LONDON BRANCH EVENTS

RESEARCH OVERVIEW

Date: Monday, 16 March 2026 at 2.15 for 2.30pm
Location: NCVO building, 8 All Saints Street, London N1 9RL

Dr Brian Dickie, MBE, Chief Scientist of the MND Association will give an overview of the research funded by the Association. Brian will share his knowledge of MND research, including significant breakthroughs and the latest information regarding a possible cure This will take place at the NCVO in Kings Cross. The venue is fully accessible and has disabled parking. Please let us know if you would like to attend and if you need parking as this needs to be booked in advance.. **RSVP**: cheryl.stroud@mndassociation.org

GARDEN PARTY

Date: Sunday, 28 June, 3pm
Location: 2 Prestwood Close, Kenton, Harrow, HA3 8JY
Our annual garden party is back! Further details will be posted in due course. In the meantime, save the date!

======

SUPPORT GROUPS

Latest list attached. Please do not hesitate to contact me if you require any additional information.

BRANCH CONTACTS

NW London Co-Chair	**Sarah Ezekiel**	**sarah.ezekiel@mndassociation.org**	
NW London Co-Chair	**Cheryl Stroud**	**cheryl.stroud@mndassociation.org**	**07855 750812**
Community Support Coordinator	**Abigail Igbokwe**	**abigail.igbokwe@mndassociation.org**	**01604 816573**

MND CONNECT HELPLINE
MND Connect is available Monday to Friday between 9am - 4pm. Calls to this number are free from landlines and mobile phones within the UK and are confidential and do not appear on itemised bills. Call us: 0808 802 6262 / Email us: mndconnect@mndassociation.org

Motor Neurone Disease Association Registered Charity no. 294354