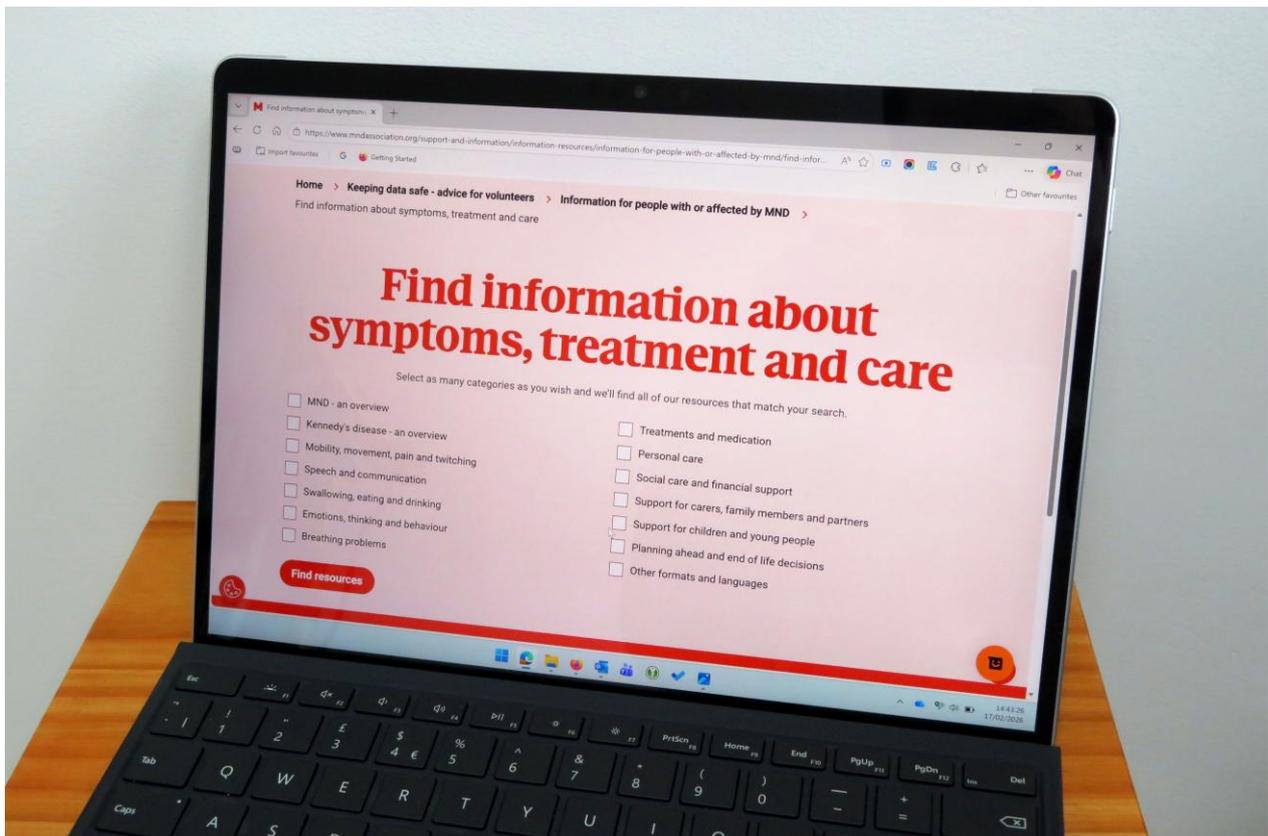




Publications order form

How to access all of our guidance about Motor Neurone Disease or Kennedy's Disease.



**Every day, helping you
access the information
you need, matters.**

Contents

1.	Where can I find the information I need?	4
2.	How do I order printed publications?	5
3.	Information for people with MND or Kennedy's disease, their families and carers	6
4.	Information for health and social care professionals	12
5.	Research information	16
6.	General publications, fundraising and volunteering	17
7.	Further information support from the MND Association	18
8.	Keep up to date with our news	19
9.	Payment details	20



1. Where can I find the information I need?

If you are searching for information about motor neurone disease (MND) or Kennedy's disease, use this order form to access our free resources.

We offer a wide range of content. You may not need all of it immediately and we recommend starting with:

- **An introduction to Motor Neurone Disease** for a first overview.
- **Living with Motor Neurone Disease** for more detail on daily routines.
- **Caring and MND: quick guide** for those new to the caring role.
- **Caring and MND: support for you** for wellbeing support in a caring role.
- **Kennedy's disease** for facts and support. As this condition shares similar symptoms with MND, much of our wider information will also be helpful.

Download resources using our:



Website

Explore our work, membership, fundraising, campaigning and volunteering at mndassociation.org



Care information finder

Search for care information resources by need and share links at mndassociation.org/careinfofinder



Professional information finder

Find and share resources if you are a health and social care professional at mndassociation.org/pro-info-finder

See how to order printed items on the next page.

2. How do I order printed publications?

Our publications are free of charge to people with or affected by MND or Kennedy's disease. Health and social care professionals can also order items free on behalf of someone with or affected by MND or Kennedy's disease.

As a registered charity, our resources are limited. Please help reduce our information costs by downloading items when possible and ordering printed items only when needed.

Get instant access

Download information resources from our website or by using our information finders, as listed on the previous page.

Get guidance on the information you may need

Contact our MND Connect helpline with any questions and to order resources.

Tel: 0808 802 6262

Email: mndconnect@mndassociation.org

Order printed resources using this form

1. Add the quantity for any items you need on this order form.
2. Complete the details on pages 20-22 of this form.
3. Return **all the pages** of this order form to:

Motor Neurone Disease Association
Francis Crick House
6 Summerhouse Road,
Moulton Park,
Northampton NN3 6BJ

All resources are free, unless health and social care professionals wish to order multiple copies of our larger guides, or to support people living with other health conditions. In this case guides will cost £5 each, plus postage and packing. See page 20 for more information or contact MND Connect.

As a charity, we support people with or affected by MND or Kennedy's disease, in England, Wales and Northern Ireland. Unfortunately, we are not able to provide or post printed publications elsewhere, other than in exceptional circumstances.

To order a new publication order form	Quantity
Publications order form Also provided with our Living with MND, Caring and MND and End of life care guides	

3. Information for people with MND or Kennedy's disease, their families and carers

Our information resources for people with or affected by MND or Kennedys' disease are evidence based, user tested and expertly reviewed in line with our national accreditation through the PIF Tick.



Patient Information Forum

Look out for this logo to help you find trustworthy health and social care information resources. Find out more at: piftick.org.uk

Find our care information resources online at: mndassociation.org/careinfo

All resources are free, unless health and social care professionals wish to order multiple copies of our larger guides, or to support people living with other health conditions. In this case guides will cost £5 each, plus postage and packing. See page 20 for payment information or contact MND Connect.

We cannot provide bulk or standing orders for professional use, so please order in small quantities, at point of need for your patients. As a charity that works on donations only, this helps avoid unnecessary print runs and wastage after revisions. All outdated versions need to be recycled. Thank you.

Introductory information	Quantity
How to find out more Basic facts about motor neurone disease. (A5 leaflet)	
An introduction to Motor Neurone Disease (MND) A short guide to help at diagnosis. (A5 booklet)	
An easy read guide to Motor Neurone Disease For people with learning difficulties. (A4 booklet)	
Caring and MND: quick guide To help identify available support as a carer. Also included with our Living with Motor Neurone Disease guide. (A5 booklet)	

Guides and booklets	Quantity
<p>Living with Motor Neurone Disease Ways to manage MND. View the guide or individual sections at: mndassociation.org/lwmnd or order from MND Connect. (A4 guide)</p>	
<p>Living alone with Motor Neurone Disease or Kennedy's Disease An overview of likely challenges when living alone. (A5 booklet)</p>	
<p>Kennedy's Disease An overview of Kennedy's disease. This condition is similar to MND and also supported by the MND Association (A5 booklet). See more at mndassociation.org/kennedys</p>	
<p>Caring and MND: support for you Practical and emotional support for unpaid carers. View the guide or individual sections at mndassociation.org/carerguide or order from MND Connect. (A4 guide)</p>	
<p>Telling people about MND To help open conversations with family, children, friends, colleagues and health and social care professionals. (A5 booklet)</p>	
<p>Types of care Exploring care if you have MND or Kennedy's disease. (A5 booklet)</p>	
<p>Inherited MND and genetic testing Guidance about family history and genetics with MND. (A5 booklet)</p>	
<p>Personal care with MND How to prolong independence and get personal support. (A5 booklet)</p>	
<p>Sex and relationships Guidance on intimacy. (A5 booklet)</p>	
<p>Eating and drinking with motor neurone disease (MND) Guidance and easy swallow recipes. (A4 guide)</p>	
<p>Making the most of life with MND Ways to continue doing the things you enjoy. (A5 booklet)</p>	
<p>Getting around with MND Driving, travel and holiday guidance for reduced mobility. (A5 booklet)</p>	
<p>Emotional and psychological support Exploring the types of therapy available. (A5 booklet)</p>	
<p>Changes to thinking and behaviour with MND For people with MND, including guidance for carers. (A5 booklet)</p>	
<p>Finding your way with bereavement To help you identify emotions and access support. (A5 booklet)</p>	

Decision making and planning for future care	Quantity
<p>MND Checklist A checklist to help you think about your likely needs (A4 form). See also: mndassociation.org/mndchecklist</p>	
<p>Understanding My Needs A write-on resource to help you guide hospital staff and care workers about the care you want and need. (A4 form) Also included in our Living with Motor Neurone Disease and End of life care guides.</p>	
<p>What you should expect from your care Short prompts based on the NICE guideline for MND to help at appointments. Endorsed by the National Institute for Health and Care Excellence (NICE). (A7 pocket size booklet) Also included in our Living with MND, Caring and MND and End of life care guides.</p>	
<p>End of life care Candid guidance about end-of-life decisions. View the guide or individual sections at: mndassociation.org/EOLguide or order from MND Connect. (A4 guide)</p>	
<p>See more decision aids to help you make informed choices, at: mndassociation.org/decision-making</p>	

Information to help support children and young people	Quantity
<p>When someone close has MND: A workbook for children aged 4-10 An A4 activity book for children close to someone with MND, with guidance for a trusted adult, to help them communicate about MND.</p>	
<p>Why are things changing? Our storybook to help young children start to adjust to the changes that MND brings to family life (A4 storybook). See the stories online at: mndbuddies.org</p>	
<p>So what is MND anyway? Support for young people and young carers up to age 18, who are close to someone with MND (A4 guide). Also available as a web app at: mndassociation.org/ypinfo</p>	
<p>Online only:</p> <p>MND Buddies activity hub Gentle facts, games and stories from the MND Buddies team, to help young children find out about MND, at: mndbuddies.org</p> <p>See more for children, young people, parents and guardians at: mndassociation.org/cyp</p>	

Information sheets (all A4)

General information	Quantity
1A About the NICE guideline on Motor Neurone Disease (MND) Endorsed: the National Institute for Health and Care Excellence (NICE).	
1B Health information in other languages and formats	
1D How do we use your information?	

MND disease types	Quantity
2C Primary lateral sclerosis (PLS)	
2D Progressive muscular atrophy (PMA)	

Types of care	Quantity
3D Hospice and palliative care	

Medication	Quantity
5A Riluzole Information about this drug, to help with the treatment of MND	

Physical therapies	Quantity
6A Physiotherapy	
6B Complementary therapies	
6C Managing pain	

Mouth and throat (bulbar) symptoms	Quantity
7A Swallowing difficulties	
7B Tube feeding	
7C Speech and communication support	
7D Voice banking and message banking	

Breathing and ventilation	Quantity
8A Support for breathing problems	
8B Ventilation for Motor Neurone Disease	
8C Withdrawal of ventilation with MND	
8D Air travel and ventilation for Motor Neurone Disease	

Benefits, financial support, and social care	Quantity
10A Benefits and entitlements	
10B What is social care?	
10C Disabled Facilities Grants and home accessibility	
10D NHS continuing healthcare	
10E Work and motor neurone disease	
10F Personal health budgets	
10G Support for families with children	

Daily living	Quantity
11C Equipment and wheelchairs	
11E Environmental controls	

Planning ahead	Quantity
14A Advanced Decision to Refuse Treatment (ADRT) and advance care planning	

Other items	Quantity
Notepad for people with speech difficulties Each page is headed with: 'I can understand you but have difficulty speaking please read on.' (A5 notepad)	
Speech card for people with speech difficulties Pocket sized card, showing the words: 'I have a physical problem which affects my speech, but I can hear and understand you. Your help and patience would be appreciated. Thank you.'	

MND Alert card Pocket sized card that states you have MND and may be at risk with oxygen. It has space to add your emergency contacts. Also provided with our Living with MND and End of life care guides.		
MND Alert wristband Tells emergency and hospital staff you have MND and may be at risk with oxygen, with a link to guidance for health professionals. Medium band provided with our Living with MND and End of life guides.	Small (180mm)	
	Medium (202mm)	
	Large (210mm)	
Online forum card Pocket sized card for our online forum. Also provided with our Living with MND and End of life care guides.		

Resources in other languages	Quantity
Introduction to motor neurone disease	
Information sheet 1B – Health information in other languages or formats How to get information in the way you need.	
Information sheet 7A – Swallowing difficulties	
Information sheet 7B – Tube feeding	
Information sheet 8A – Support for breathing problems	
Information sheet 8B – Ventilation for motor neurone disease	
<p>Find our guidelines for translation in a range of languages and download language resources at mndassociation.org/languages</p> <p>We may have more resources available in other languages or formats such as Braille and audio. Contact the MND Connect helpline for guidance (see page 5).</p>	

4. Resources for health and social care professionals

Resources for professionals are free of charge (unless otherwise indicated).

Professionals can also order our care information free on behalf of someone with or affected by MND or Kennedy's disease. You may be charged if ordering in multiples or for other conditions. For example, our **Living with motor neurone disease** guide would cost £5 per copy, plus postage and packing. See page 20 for payment details.

Find more for professionals at: mndassociation.org/forprofessionals

General publications	Quantity
<p>Motor neurone disease – a guide for GPs and primary care teams To help with the management of MND. Endorsed by the Royal College of General Practitioners (RCGP). (A5 booklet)</p>	
<p>MND: A guide for social care services Helping social care professionals, including social workers, to offer the best possible support to people with MND, their family and carers. (A5 booklet)</p>	
<p>Occupational therapy for motor neurone disease How to help people adapt with MND. Endorsed by the Royal College of Occupational Therapists (RCOT). (A5 booklet)</p>	
<p>Multidisciplinary team working for MND To help establish, develop, and maintain an effective multidisciplinary team (MDT). (A5 booklet)</p>	
<p>Cognitive change, frontotemporal dementia, and MND Information and practical tips on management of cognitive change. (A5 booklet)</p>	
<p>Motor neurone disease: Communication, speech and language support Guidance about speech and communication problems in MND, and how to offer support. (A5 booklet)</p>	

General publications	Quantity
<p>MND Association support for health and social care professionals Details of our support for professionals. (A5 booklet)</p>	
<p>Caring for a person with motor neurone disease: A guide for care workers Practical advice on care for a person with MND. (A5 booklet)</p>	
<p>Supporting children and young people close to someone with MND For professionals working with children or young people close to someone with MND, including teachers, school nurses, youth worker and social workers. (A5 booklet)</p>	
<p>Motor neurone disease (MND) in acute, urgent, and emergency care Succinct guidance on actions that may be taken and those that require caution when treating someone with MND in an emergency. Endorsed by the College of Paramedics and the Royal College of Emergency Medicine. (A5 booklet)</p> <p>You may also wish to order our Respiratory Checklist card and MND First Contact Card to carry in your wallet (listed page 15).</p>	
<p>A professional's guide to end-of-life care in Motor Neurone Disease (MND) To help health and social care professionals discuss death, assist advance care planning and support the process of dying with MND. (A5 booklet)</p>	
<p>Advanced care planning Information and practical strategies to support professionals to effectively facilitate advance care planning for people with MND. (A5 booklet)</p>	
<p>An introduction to Kennedy's disease This booklet introduces health and social care professionals to Kennedy's disease, and highlights support and treatment options. (A5 booklet)</p>	
<p>Red Flag diagnosis tool A tool created in partnership with the Royal College of General Practitioners (RCGP) to help GPs recognise the signs of MND. (A5 booklet)</p>	

Information sheets (all A4)	Quantity
P1 Head supports for people with motor neurone disease	
P2 Wheelchairs for people with motor neurone disease	
P3 Managing saliva problems in motor neurone disease	
P5 Providing medical evidence for benefit applications made by people with MND	
P6 Evaluation and management of respiratory symptoms in MND You may also wish to order our Respiratory Checklist card and MND First Contact Card to carry in your wallet (listed page 15).	
P7 NHS Continuing Healthcare for MND	
P8 Dysphagia in MND	
P9 Oral suction	
P10 Voice banking for people with MND	
P11 Pain in motor neurone disease	
P12 Information for dental teams	
P13 Using our care information to help you support people with or affected by MND or Kennedy's disease	

Pathways	Quantity
PG14 Respiratory pathway	
PG15 Augmentative and Alternative Communication (AAC) pathway	
PG16 Wheelchair pathway	
PG17 Saliva management pathway	

Other items	Quantity
Paramedics card (printed card to fit JRCALC) Information card highlighting key points on MND for emergency care, which slots inside a paramedic's JRCALC.	
Respiratory checklist A summary of respiratory symptoms and signs related to MND, for respiratory monitoring and management. (Pocket sized card)	
(PX025) First contact card Includes prompts to consider respiratory function during first contact with someone with MND.	

Audio visual	Quantity	Unit	Total
Understand MND training DVD Introduces MND. Alternatively, view online for free, at: mndassociation.org/understandingmnd	DVD	£5 plus	
	USB stick		

We cannot provide bulk or standing orders for professional use, so please order in small quantities at point of need for your patients. As a charity that works on donations only, this helps avoid unnecessary print runs and wastage after revisions. All outdated versions need to be recycled. Thank you.

5. Research information

You can find all our information on research at mndassociation.org/research

If you have any questions or would like to discuss MND research, contact our Research Development team on **01604 611880** or research@mndassociation.org

Research information sheets	Quantity
A Introduction to MND research What happens in motor neurones and ways to find out more about MND research.	
C Unproven treatments in MND Facts and issues to consider when making an informed decision about alternative or unproven treatments.	
D Clinical trials An explanation of how clinical trials work and what to think about when taking part.	
F Stem cells and MND An explanation of stem cells and how they are used in MND research.	
G Biomarkers What biomarkers are, why they are useful, and which ones have been identified for MND.	
K Statins An overview of the use of statins in MND research.	
L Research involving animals The MND Association's position on research involving animals.	
See more information guides and booklets, including our care information guide: Inherited MND and genetic testing on page 7.	

6. General publications, fundraising and volunteering

Fundraising publications	Quantity
Events diary Information about upcoming events and challenges you can join. (A5 booklet)	
Guide to fundraising Your complete guide to fundraising, whether you are organising your own event or taking part in a fundraising challenge. (A5 booklet)	
Gift in Wills guide A gift in your will could help achieve a world free from MND (A5 booklet)	
A tribute to someone special A Tribute Fund celebrates the life of someone special while supporting our vital work. (A5 leaflet)	
Fightback funds Helping people with MND fight back through fundraising. (A5 leaflet)	
Direct debit form To set up a regular donation by Direct Debit. (A4 single page form)	

General reading	Quantity
Our strategy 2025-30 Our plans to create lasting change for the people who need us now and in the future.	
Impact report Annual report of the difference we make for our community.	
Trustees' Annual Report Annual Report and Consolidated Financial Statements.	
Key messages Information and infographic containing key facts about MND.	

7. Further information support from the MND Association

MND Connect

Our helpline offers practical and emotional support, information, and signposting to people with MND, carers, family, and professionals. Find out more and current opening times at: mndassociation.org/mndconnect

Tel: **0808 802 6262**

Email: mndconnect@mndassociation.org

How we can help

Explore our range of services, including MND Connect, regional support and financial support.

Website: mndassociation.org/our-services

Finding other organisations

We don't endorse organisations, but many provide support and information.

Website: mndassociation.org/usefulorgs

Animations

Provide short overviews to help explain each disease or a type of support.

Website: mndassociation.org/animations

What do all the words and initials mean?

Health and social care services terms and initials are explained.

Website: mndassociation.org/words

Low-cost apps

A list of free or low-cost apps to make life with a disability a little easier.

Website: mndassociation.org/apps

MND Association Benefits Advice Service

Free, impartial advice and information on benefits you may be entitled to.

Website: mndassociation.org/benefitsadvice or contact MND Connect.

Getting the right care

How to check if your treatment and care are appropriate, or make a complaint.

Website: mndassociation.org/mycare

8. Keep up to date with our news

MND Education



@mndeducation.bsky.social



@mndeducation

MND Association



@mndassoc.bsky.social



/mndassociation



@mndassoc



@mndassoc

If you are a health and social professional, sign up for our education update newsletter:
mndassociation.org/educationupdate

Other information support

Adult social care services

Contact adult social care services for a needs assessment or carer's assessment.

Website: search for:
find your local council at [gov.uk](https://www.gov.uk) (England and Wales)
health and social care trusts at [nidirect.gov.uk](https://www.nidirect.gov.uk) (Northern Ireland)
find my council at [careinfoscotland.scot](https://www.careinfoscotland.scot) (Scotland)

Benefits, finance and work

Government information about benefits, financial support and work.

Website: [gov.uk](https://www.gov.uk) (England and Wales)
[nidirect.gov.uk](https://www.nidirect.gov.uk) (Northern Ireland)
[gov.scot](https://www.gov.scot) (Scotland)

NHS and UK healthcare

Information about NHS services and healthcare in the UK.

Website: [nhs.uk](https://www.nhs.uk) (For England)
[nhs.wales](https://www.nhs.wales) (For Wales)
[hscni.net](https://www.hscni.net) (For Northern Ireland)
[nhs24.scot](https://www.nhs24.scot) (For Scotland)

NICE Guideline on Motor Neurone Disease (MND)

The National Institute for Health and Care Excellence (NICE) guideline on MND.

Website: [nice.org.uk/guidance/ng42](https://www.nice.org.uk/guidance/ng42)

9. Payment details

Send your order, with payment if relevant, to:

Motor Neurone Disease Association
Francis Crick House
6 Summerhouse Road
Moulton Park
Northampton NN3 6BJ

Your delivery details: (Please complete in **BLOCK CAPITALS**)

Name: _____

Address: _____

Postcode: _____

Telephone: _____

Email: _____

Are you?

<input type="checkbox"/>	someone living with MND or Kennedy's disease	<input type="checkbox"/>	an agency, other charity or organisation
<input type="checkbox"/>	a carer/family member or friend	<input type="checkbox"/>	a student
<input type="checkbox"/>	a health or social care professional	<input type="checkbox"/>	a general enquirer

All resources are free, unless health and social care professionals wish to order multiple copies or to support people living with other health conditions. In this case guides will cost £5 each, plus postage and packing – contact MND Connect:

Tel: **0808 802 6262** or Email: **mndconnect@mndassociation.org**.

Total cost of order, including p&p (if applicable):	
Donation to MND Association:	
£5.00	
£10.00	
Other	
Total amount:	

Please see our privacy policy for further details on how we use your information:
mndassociation.org/privacy-policy

Payment method

Please only complete when ordering chargeable items or making a donation.

I enclose a cheque for £_____ made out to the MND Association, or

I authorise you to debit my payment/credit card with the total amount:

Card number:

Expiry date:

Billing details for card account (UK card holders only):

House number/name: _____

Postcode: _____

Signature: _____

Date: _____

giftaid it

Increase your donation at no extra cost

Thanks to the Gift Aid scheme, the MND Association can reclaim 25p for each £1 you give, increasing its value to £1.25.

If you have made a donation, please tick one of the following boxes:

I am a UK taxpayer and would like the MND Association to treat all donations I have made in the past four years, or I make in future as Gift Aid donations. I understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

I am not a UK tax payer.

Name: _____
House number/name: _____
Postcode: _____
Signature: _____
Date: _____

Data protection: We value your support and would like to keep you up to date with our work and how you, your family and friends can support us in the future. This could be by volunteering, campaigning or financially, through fundraising events and appeals. If you consent to receiving these communications, please indicate below.

Yes, I consent to further communications by: Post: Email:

About us

Every day we're here for people affected by motor neurone disease.

A diagnosis of MND brings home the preciousness of every day. So we do all we can to make every day count. We bring understanding and guidance.

We deliver practical and financial support. We raise awareness and campaign for better care. We're not just here for now – as the UK's leading charity funder of MND research, we're striving for breakthroughs to develop new treatments and, ultimately, a cure.

MND moves fast. It takes away time, it takes away independence and it has no cure. Every piece of support, every research project, every pound raised, every kind word, and every day lived well, matters.

© **MND Association, 2026**

Motor Neurone Disease Association
Francis Crick House
6 Summerhouse Road
Moulton Park
Northampton NN3 6BJ

Tel: 01604 250505
Email: enquiries@mndassociation.org
Website: mndassociation.org

Registered Charity no: 294354

Revised: March 2026
Next review: March 2027
Version: 1

