

## **Meena**

### **Access to healthcare**

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We have regular MND clinic reviews, so every quarter we visit the team and it's great because it's quite a long appointment. But it's worth it because you see the MND consultants, but you also see the nutritionists, the physiotherapist, everybody's kind of under one wing.

So it's really handy for the reviews because whatever issues or concerns you might have when you raise them at that appointment, nine times out of 10, there's somebody there that can assist. Again, I, I feel like I'm just repeating myself. I'm really sorry, but the... I honestly cannot praise the MND team enough.

MND Association, the MND clinic in particular, have been really good with my dad about this because at the review meetings and even in between the review meetings, there's just constant communication and checking up and making sure and, having that access to them. Should he have any, you know, issues before we get to the review.

So they've been really good at sort of getting information out of my dad, because my dad's introverted and he doesn't like to talk about things. But they've been really quite, they've been quite clever and how they've managed to, you know, fish a few bits of information – and then offered some gentle advice and guidance, which has been really helpful.