

## **Ian and Deanne** **Breathing and ventilation**

### **Ian**

I had to go to the doctors because I got a sore throat and he sounded my chest and said he didn't think there was an infection, but because of my situation he didn't want to risk it. So he put it, he put me on antibiotics.

And, I had a phone call appointment with neurology and as soon as I told them that, I was in to see them personally. They monitored my levels and my blood and they was of concern. So then they said it'd be a good idea to have an NIV and we were referred to that department.

We went to the clinic there and talked us through the process and came out with a portable NIV. We then went back and they modified the settings and also put a modem on it so that they could remotely access the information and that's been showing I'm practically near normal now. I've found no problem wearing it at night right from the onset and I wear it all night and it doesn't bother me.

### **Deanne**

And I think it was reassuring when they explained about the NIV that it would give Ian more energy because if his, if his waste gases were, you know, his oxygen levels were normal and the waste gases were being got rid of, then it would help him and it has done. In the morning now, it was not, it's taken ages to sort of, you know, wake up and come around now, and I decided to come downstairs and Ian sat up in bed. And I'm thinking you really have got a lot more energy than you had before.

### **Ian**

I still find I can't breathe as deeply. And I think that's to do with the fact that the MND has affected my diaphragm. But I knew before I was diagnosed that there was something wrong with my ability to get oxygen into my body. But going back to the NIV, it's really easy to use. But here again, if it wasn't for Deanne, I won't be able to put it on

### **Deanne**

And we're hoping to take it on holiday, aren't we? If we can have a holiday with it.

### **Ian**

It's been very positive.

**Deanne**

And the time they spent at the hospital explaining about and showing us how to use it and fitting you up and letting me see, you know, I was putting it on. So it wasn't like we were rushed in and out. We were given time and, and we'll also told about the benefits of it, weren't we?

**Ian**

It's amazing that you've got a piece of equipment like that, that you can come home with.