

Sue **Breathing and ventilation**

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When my NIV Doctor Duran suggested I use it before I really need it, and so I get used to having it, but when I was using it, it was fine. But my mouth would get very dry and I found I was waking up, and then sleeping was worse when I was without it. So I'm not using it at the moment, but will, when I need it.

I think trying the NIV is really good to use it before you need it. It makes sense to practice before you need it. I'm fine. A lot of people I know, especially my friend's husband, use an NIV. So I saw it and whatever, you know. It's a normal thing. I don't mind.

I think the sooner you get things done, the better. Personally, I think being hit at a consultation with them all suited me. But then other people might be overwhelmed by it. But I say bring it on. Let me have it now.