

Tracy and Iain Equipment and adaptations

Iain

In our case it was really, really fast. So I would say if you're thinking about things like your car, don't bother getting a car that has got a lift in the back for example to get the wheelchair in, it's going to be out of date. You want a proper wheelchair accessible vehicle. Stairlifts are no good for wheelchairs – either get a lift or move everything downstairs.

If you're in the house, don't leave it 'til last minute to get a wet room put in. For the last two weeks while our wet room was being done, I was having to take Tracy to a friend's up the road just to shower her because it went from literally one week she could just about get up the stairs.

And then the ambulance came for something. Can't remember what it was for now and the ambulance drivers basically reported us to the social services to say you cannot let her go upstairs again. Which was right, It was dangerous what we were doing. But Tracy was so adamant she wanted to stay upstairs.

So it happened overnight. But luckily we'd already thought ahead. So we already had the bed in downstairs and things like that.

Yeah, proactive. Get your hoists in. We had the ceiling hoist in maybe two months before we used it. But the day we needed it, it came that quick, it was like, oh, need to use the hoist. And she just suddenly couldn't, it was so fast that she can't stand anymore.