

**MND Association
Publications List**

How to access our publications

The MND Association is a charity dedicated to improving the lives of people living with or affected by motor neurone disease (MND) in England, Wales and Northern Ireland.

Our publications are all free of charge to people living with or affected by MND. Health and social care professionals can also order items free on behalf of someone with or affected by MND. Professionals may be charged if ordering in multiples or for other conditions.

As a registered charity, our resources are limited – please download items whenever possible and only request print items that you need.

How to order

You can access our publications by:

- downloading or ordering items on our website:
www.mndassociation.org/publications
- completing the accompanying order form (address shown on the form)
- contacting our helpline, MND Connect

Telephone: 0808 802 6262

Email: mndconnect@mndassociation.org

Monday to Friday from 9am until 5pm, then from 7pm until 10.30pm.

You can also contact MND Connect if you need any further information after you have read the publications.

We produce a wide variety of publications for anyone interested in MND. Our publications list is divided into four main sections:

A People living with MND and carers	pages 4 to 10
B Research information	pages 12 to 13
C General publications, fundraising and volunteering	pages 14 to 15
D Information for health and social care professionals	pages 16 to 22

Publications in other languages

We provide the following publications in a range of languages and Braille:

Introduction to motor neurone disease

Information sheet 1B – Information about MND or Kennedy’s disease in other languages or Braille

Information sheet 7A - Swallowing difficulties

Information sheet 7B - Tube feeding

Information sheet 8A - Support for beathing problems

Information sheet 8B - Ventilation for motore neurone disease

To help you make an important decision about treatment and care, we may also be able to translate an additional information sheet or a section from our larger guides. Contact the helpline to discuss your needs and find out more.

Contact our MND Connect helpline to order.

Telephone: 0808 802 6262

Email: mndconnect@mndassociation.org

Section A

Information for people living with MND and carers



This section lists our care information, to support you when living with or affected by MND, or if you find yourself in a caring role.

Introductory and general information	
<p>Motor neurone disease (MND) - How to find out more <i>Leaflet/folded A4</i></p>	<p>Basic facts on the disease, with an outline of our various services and publications. <i>Code: LW001</i></p>
<p>Living with motor neurone disease <i>Pack, including booklet and leaflets in an A4 folder</i></p>	<p>An overview of MND and its likely impact. The aim is to help you plan for the practical, emotional and financial challenges ahead and maintain the best possible quality of life. <i>Code: LW002</i></p>
<p>Understanding my needs <i>Write-on leaflet</i></p>	<p>A tool to record your wishes and preferences for care, to help health and social care professionals understand your needs. Included in the <i>Living with motor neurone disease</i> pack. <i>Code: LW003A</i></p>
<p>MND Checklist <i>Write-on leaflet</i></p>	<p>This form can help you manage your condition and think ahead with MND. An action plan is included to help you list areas that may need discussion with an appropriate health and social care professional. <i>Code: LW003B</i></p>
<p>An easy read guide to motor neurone disease <i>A4 booklet</i></p>	<p>A guide about MND for people with learning disabilities. <i>Code: LW006</i></p>
<p>An introduction to motor neurone disease (MND) <i>A5 booklet</i></p>	<p>A short guide to MND to help explain the disease at diagnosis. <i>Code: LW007</i></p>
<p>What you should expect from your care <i>Booklet/A7</i></p>	<p>A quick guide to help you open discussions about your care with health and social care professionals and providers <i>Code: MC006</i></p>

Introductory and general information	
<p>Caring and MND: quick guide <i>Booklet/A5</i></p>	<p>To help you identify available support, focusing on your wellbeing as a carer. As care needs increase, the full pack, <i>Caring and MND: support for you</i>, provides more detailed guidance.</p> <p style="text-align: right;"><i>Code: CP006</i></p>
<p>Caring and MND: support for you <i>Pack, including booklet and leaflets in an A4 folder</i></p>	<p>A comprehensive guide providing practical and emotional support for unpaid and family carers, who are caring for a person living with MND.</p> <p style="text-align: right;"><i>Code: CP004</i></p>
<p>When someone close has MND. A workbook for children aged four to ten <i>A4 workbook and binder for children and A5 guide for adults, in a discrete A4 folder</i></p>	<p>An interactive workbook designed to encourage children to identify and develop coping strategies when someone close has MND. An accompanying guide explains to a trusted adult how to use the workbook.</p> <p style="text-align: right;"><i>Code: YP001</i></p>
<p>So what is MND anyway? <i>A4 book</i></p>	<p>Support for young people and young carers close to someone with MND, from the point of diagnosis and throughout their journey.</p> <p style="text-align: right;"><i>Code: YP002</i></p>
<p>Making the most of life with MND <i>Booklet/A5</i></p>	<p>A booklet on quality of life and finding ways to continue doing the things you enjoy with MND or Kennedy's disease.</p> <p style="text-align: right;"><i>Code: LW008</i></p>
<p>Eating and drinking with motor neurone disease (MND) <i>Wiro bound colour book/A4</i></p>	<p>Presented like a cookery book, this guide contains a range of easy-swallow recipes, along with information and tips.</p> <p style="text-align: right;"><i>Code: LW004</i></p> <p><i>Free to people affected by MND or Kennedy's disease. Available to health and social care professionals, other organisations and other conditions for £5, plus p&p.</i></p>
<p>End of life: a guide for people with MND <i>Pack, including booklet and leaflets in an A4 folder</i></p>	<p>Comprehensive and candid information about end of life, including guidance on how to plan ahead and how to manage difficult conversations.</p> <p style="text-align: right;"><i>Code: ZZ001</i></p>

Information sheets (all A4)		
1A	NICE guideline on motor neurone disease	Information about the NICE guideline, which gives recommendations about treatment, care and support for people with MND. <i>Code: IF001A</i>
1B	Information about MND in other languages or Braille	How to access translated information or assistance from a translator at health and social care appointments. <i>Code: IF001B</i>
1C	Where can I find the information I need?	An information sheet to guide you to appropriate information to help you access suitable support. <i>Code: IF001C</i>
1D	How we may use your information	Explains why we ask for information and how it is used. <i>Code: IF001D</i>
2B	Kennedy's disease	Information on Kennedy's disease. The MND Association supports people with this condition. <i>Code: IF002B</i>
2C	Primary lateral sclerosis (PLS)	Information about this slow progressing form of MND. <i>Code: IF002C</i>
2D	Progressive muscular atrophy	Information about this rare form of MND. <i>Code: IF002D</i>
3A	MND care centres and networks	How our part-funded national partnership programme of MND Care Centres and networks can assist people living with MND and their carers. <i>Code: IF003A</i>
3D	Hospice and palliative care	Information on this type of care and how it can support you and your family. <i>Code: IF003D</i>
4A	Communicating about MND with children and young people	Guidance on why children need to know about MND when someone close is diagnosed, and how to approach these discussions. <i>Code: IF004A</i>

Information sheets (all A4)		
5A	Riluzole	Information about riluzole, the only licensed drug for MND, which has a modest impact. <i>Code: IF005A</i>
6A	Physiotherapy	Guidance on how physiotherapy can help if you have been diagnosed with MND and how to access this support. <i>Code: IF006A</i>
6B	Complementary therapies	Information about complementary therapies, which may help to relieve some symptoms. <i>Code: IF006B</i>
7A	Swallowing difficulties	Guidance on difficulties that might be experienced with MND relating to swallowing, saliva, coughing and choking. <i>Code: IF007A</i>
7B	Tube feeding	An explanation of feeding options to help you make an informed decision if you have difficulties with eating and drinking. <i>Code: IF007B</i>
7C	Speech and communication support	Information about alternative ways to communicate and how to access further support if your speech is affected by MND. <i>Code: IF007C</i>
7D	Voice banking	Information about voice banking and how to bank your voice. <i>Code: IF007D</i>
8A	Support for breathing problems	A look at how MND may affect respiratory function and breathing. <i>Code: IF008A</i>
8B	Ventilation for motor neurone disease	Guidance on the types of assisted ventilation available to manage respiratory problems. <i>Code: IF008B</i>
8C	Withdrawal of ventilation with MND	Guidance on how ventilation can be withdrawn, if wished, and questions to raise with the professionals who support. <i>Code: IF008C</i>
8D	Troubleshooting for non-invasive ventilation (NIV)	How to manage problems with non-invasive ventilation (NIV), should they occur. <i>Code: IF008D</i>

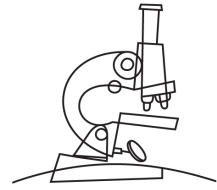
Information sheets (all A4)		
8E	Air travel and ventilation for MND	What to consider if you use non-invasive ventilation (NIV) and wish to travel by plane. <i>Code: IF008E</i>
9A	Will the way I think be affected?	Information about the changes to thinking and behaviour that some people with MND experience. <i>Code: IF009A</i>
9B	How do I support someone if the way they think is affected?	What to consider if you are a carer for someone with MND who is experiencing cognitive and/or behavioural change. <i>Code: IF009B</i>
9C	Managing emotions	Information about managing the emotional challenges that life with MND may bring. <i>Code: IF009C</i>
10A	Benefits and entitlements	A summary of benefits and entitlements relevant to MND. <i>Code: IF010A</i>
10B	Direct payments and personalisation	Personal budgets for social care needs and personal health budgets for healthcare needs, and how you can use direct payments to manage these to buy your own services. <i>Code: IF010B</i>
10C	Disabled Facilities Grants	Guidance on how and when to apply for a Disabled Facilities Grant (DFG) and other benefits regarding housing. <i>Code: IF010C</i>
10D	NHS Continuing Healthcare	Details about NHS continuing healthcare and how to apply. <i>Code: IF010D</i>
10E	Work and motor neurone disease	An exploration of the options available if you are working and diagnosed with MND. <i>Code: IF010E</i>
10F	Your rights to social care	Information about your rights to support from adult social care services. <i>Code: IF010F</i>
10G	Support for families with children	Detailing the support families with children affected by MND may be entitled to. <i>Code: IF010G</i>
11A	Clothing	Suggestions for adapted clothing, temperature control and dressing aids. <i>Code: IF011A</i>

Information sheets (all A4)		
11B	Mouth care	Guidance on mouth and tooth care. <i>Code: IF012B</i>
11C	Equipment and wheelchairs	Looks at ways to make daily life easier by using a range of equipment. <i>Code: IF011C</i>
11D	Managing fatigue	Suggestions on how to manage fatigue. <i>Code: IF011D</i>
12A	Driving	What to consider if you are a driver who has been diagnosed with MND. <i>Code: IF012A</i>
12B	Choosing the right vehicle	Guidance on adapting your own vehicle or selecting an adapted vehicle. <i>Code: IF012B</i>
12C	Travel and transport	Suggestions on on a wide range of transport and associated schemes. <i>Code: IF012C</i>
12D	Planning a holiday	Helpful advice on selecting holidays and how to check for accessible facilities. <i>Code: IF0012D</i>
13A	Sex and relationships for people with MND	Responses to concerns you may have about expressing your sexuality with MND. <i>Code: IF013A</i>
13B	Sex and relationships for partners of people with MND	Responses to concerns you may have about your sexual relationship if your partner has MND. <i>Code: IF013B</i>
14A	Advance Decision to Refuse Treatment (ADRT)	How to record your wishes about future treatment in an appropriate and legally binding manner. Includes a sample completed form and a blank form. <i>Code: IF014A</i>
14B	Bereavement support	Information to support people during bereavement. <i>Code: IF014B</i>

Other items	
Notepad for people with speech difficulties <i>Small notepad</i>	Each page headed with: <i>'I can understand you but have difficulty speaking please read on.'</i> <i>Code: MC001</i>
Speech card for people with speech difficulties <i>Credit card size</i>	Display card, showing the words: <i>'I have a physical problem which affects my speech, but I can hear and understand you. Your help and patience would be appreciated. Thank you.'</i> <i>Code: MC002</i>
Online forum card <i>Credit card size</i>	A handy reference card with details of our online forum. <i>Code: MC003</i>
MND Alert Card <i>Credit card size</i>	A card to carry in your pocket, purse or wallet that states you have MND and provides details of your emergency contacts. <i>Code: MC004</i>
MND alert wristband	Lets emergency and hospital staff know you have MND. Carries a clear caution that oxygen therapy may put someone with MND at risk. <i>Code: MC005</i>

Section B

Research information



This section lists information about current research projects into motor neurone disease and how the MND Association helps to fund and promote this research.

If you have any questions or would like to discuss MND research, you can contact our Research Development team on 01604 611880 or research@mndassociation.org

Information sheets (all A4)		
A	Research overview	Information about the research activities of the MND Association and some of the avenues being followed. <i>Code: RS001</i>
B	Inherited motor neurone disease	Guidance on the implications of having a family history of MND. This information is split into three information sheets. <i>Code: RS002</i>
B	1) Introduction to inherited MND	Information about the rare inherited form of MND, which is sometimes known as familial MND. <i>Code: RS002A</i>
B	2) Genetic testing	Information about genetic testing and insurance for those who have the rare inherited form of MND. <i>Code: RS002B</i>
B	3) Options when starting a family	Information about the options available for those who have the rare inherited form of MND, and are wishing to start a family and do not want to pass on the MND-causing gene to their children. <i>Code: RS002C</i>

Information sheets (all A4)		
C	Unproven treatments	Facts about alternative or 'unproven' treatments and some of the issues that may be considered when making an informed decision about the treatment. <i>Code: RS003</i>
D	Clinical trials: what are they and how are they organised	An explanation of how clinical trials are conducted and some of the issues that may need to be considered when participating. <i>Code: RS004</i>
DA	MIROCALS clinical trial	Information about MIROCALS clinical trial – what is IL2 treatment, who can take part and how will the trial work. <i>Code: RS004A</i>
E	Funding MND research	A brief overview of the portfolio of research grants awarded by the MND Association. <i>Code: RS005</i>
F	Stem cells and MND	An explanation of stem cells and how they can be used to create new models of disease to screen for potential beneficial treatments and towards the goal of an effective treatment for MND. <i>Code: RS006</i>
G	Biomarkers	What are biomarkers, how are they useful and which ones have been identified for MND. <i>Code: RS007</i>
I	Tissue donation for motor neurone disease research	Explanation of how donated tissue may be used and how to go about arranging for donation. <i>Code: RS009</i>
J	What happened to my DNA bank sample?	How samples and clinical information provided by participants in the MND Association DNA Bank and clinical database project are being used in research. <i>Code: RS010</i>
L	Funding MND research involving animals	Information about the MND Association's position on research involving animals. <i>Code: RS012</i>

Section C

General publications, fundraising and volunteering



This section lists any general information about MND Association activity, along with fundraising and volunteering publications.

Fundraising publications	
Fundraising pack <i>A4 folder/various items</i>	The pack includes our events diary, guide to fundraising, a materials order form, Annual Review, a membership form, the difference you can make, an A4 poster and an awareness banner. <i>Code: FR001</i>
Legacy information <i>A5 folder/various items</i>	Explains how someone, even after they've passed away, can continue to help achieve our vision of a World Free of MND. <i>Code: FR002</i>
A tribute to someone special <i>A5 leaflet</i>	How a Tribute Fund celebrates the life of someone special while supporting our vital work. <i>Code: FR003</i>
Fightback Funds <i>A5 leaflet</i>	Helping people with MND strike back through fundraising. <i>Code: FR004</i>
Membership form <i>A5 membership leaflet</i>	To apply for membership of the MND Association, free for people with MND and their spouses, partners and carers. <i>Code: FR005</i>
Direct Debit form <i>A4 single page form</i>	Set up a regular donation by Direct Debit. <i>Code: FR007</i>
Bakeit! <i>A4 folder/various items</i>	Details of how to get involved in this fundraising campaign. <i>Code: FR008</i>
Walk to d'feet MND <i>A4 folder/various items</i>	Pack to help organise a fundraising walk at any time of year. <i>Code: FR009</i>

Volunteering publications	
What is an Association visitor? <i>Leaflet /A5</i>	Information about the role of a visitor and how they can support people living with or affected by MND. <i>Code: VL001</i>
Association visitor training programme <i>Leaflet /A5</i>	Information about the training procedure for the Association visitor role. <i>Code: VL002</i>
Could you be a visitor? <i>Leaflet /A5</i>	Details about the Association visitor role and how to apply. <i>Code: VL003</i>
Have you been affected by MND? <i>Leaflet /A5</i>	Details about the Association visitor role and how to apply if you have been personally affected by MND. <i>Code: VL004</i>
Calling all health and social care professionals – we need your skills <i>Leaflet /A5</i>	How health and social care professionals can become Association visitors. <i>Code: VL005</i>
Can you see the big picture? A guide to being a trustee <i>A5 leaflet</i>	Information on becoming a trustee at the MND Association. <i>Code: VL006</i>

General reading	
Impact Report	Information for our members on how we have all made a difference. <i>Code: GN001</i>
Trustees' Annual Report	Annual Report and Financial Statements for the current year. <i>Code: GN002</i>

Section D

Information for health and social care professionals



This section lists information developed specifically for health and social care professionals.

Resources for professionals can be ordered free of charge (unless otherwise indicated). Our care information is also free when ordered on behalf of someone with or affected by MND, but you may be charged if ordering in multiples, or for other conditions. For example, our core guides, such as Living with motor neurone disease, would cost £5 per copy, plus p&p.

General publications	
<p>Motor neurone disease – a guide for GPs and primary care teams <i>Booklet/A5</i></p>	<p>Endorsed by the Royal College of General Practitioners (RCGP), this guide is a useful reference for GPs, primary care and other professionals who have a role in the management of MND.</p> <p style="text-align: right;"><i>Code: PX016</i></p>
<p>Occupational therapy for motor neurone disease <i>Booklet/A5</i></p>	<p>Provides information about MND and how to support people to adapt to their changing symptoms and achieve the best possible quality of life. Endorsed by the Royal College of Occupational Therapists.</p> <p style="text-align: right;"><i>Code: PX020</i></p>
<p>Cognitive change, frontotemporal dementia and MND <i>Booklet/A4</i></p>	<p>Contains information on cognitive and behavioural change and dementia, and practical tips on management.</p> <p style="text-align: right;"><i>Code: PX018</i></p>

General publications	
Multidisciplinary team working – a best practice guide <i>Booklet/A4</i>	A guide defining the quality criteria for multidisciplinary team working, to assist you when building and developing an integrated team in relation to MND. <i>Code: PX010</i>
Motor neurone disease for dental professionals <i>Booklet/A5</i>	An overview of potential issues people with MND face with oral health and access to dental services, and includes suggestions to help dental professionals. <i>Code: PX021</i>
A professional’s guide to end of life care in motor neurone disease (MND) <i>Booklet/A4</i>	Aims to encourage health and social care professionals to discuss death, the process of dying and advance care planning. It also provides information on end of life care in MND. <i>Code: PX012</i>
Outcomes Standards <i>Document/A4</i>	Objectives for good care to be used by professionals working with people with MND. <i>Code: PX014</i>
MND Year of Care Pathway <i>Oversize poster</i>	Produced to help health and social care professionals improve the provision of services for people with MND. <i>Code: PX013</i>
Caring for someone with motor neurone disease: information for care workers <i>Booklet/A5</i>	Designed to give care workers information and practical tips on the care of a person with MND. <i>Code: PX011</i>
Motor neurone disease (MND) in acute, urgent and emergency care <i>Booklet/A5</i>	Designed to give succinct guidance on actions that may be taken and those that require caution when treating someone with MND in an emergency. <i>Code: PX017</i>
Supporting children and young people close to someone with MND <i>Booklet/A5</i>	Designed for professionals working with children or young people who have somebody close to them with MND. This includes teachers, school nurses, youth workers and social workers. <i>Code: PX031</i>

Information sheets (all A4)		
P1	Head supports for people with motor neurone disease	Information on a variety of head supports that may help you advise people with MND who experience weakness in the neck and shoulder muscles. Free of charge Code: P1
P2	Wheelchairs for people with motor neurone disease	Information about access to wheelchair services and the types of wheelchairs recommended for people with MND. Free of charge Code: P2
P3	Managing saliva problems in motor neurone disease	Guidance on saliva control and medications that may assist where problems occur with thin or thickened saliva, or with dry mouth. <i>Code: P3</i>
P4A	MND Just in Case Kit (information)	An explanation of our MND Just in Case Kit. The kit enables a GP to prescribe medications for a person with MND to keep close at hand, in case of sudden changes with breathlessness, feelings of panic or choking. The Just in Case Kit is available to order by contacting MND Connect. <i>Code: P4A</i>
P5	Providing medical evidence for benefit applications made by people with MND	How you can help people with MND when supplying medical evidence regarding their applications for Disability Living Allowance (DLA), Attendance Allowance (AA) or Personal Independence Payment (PIP). <i>Code: P5</i>
P6	Evaluation and management of respiratory symptoms in MND	Guidance on why and how to monitor respiratory symptoms related to MND, with regard to management of respiratory problems. <i>Code: P6</i>
P8	Dysphagia in MND	Endorsed by the British Dietetic Association, this information covers evaluation and management of swallowing problems. <i>Code: P8</i>

Information sheets (all A4)		
P9	Oral suction	Information about oral suction for secretion management. <i>Code: P9</i>
P10	Voice banking for people with MND	Information on voice banking, the process of recording a person's voice to create a synthetic voice for use with a powered communication aid in the future. <i>Code: P10</i>
PG 015	Augmentative and Alternative Communication (AAC) Pathway for MND: full guidance notes	Aim to ensure that people with MND get the best possible care in relation to their communication needs, by helping professionals to identify the steps involved in the provision of AAC. <i>Code: PG015</i>
PG0 15A	Augmentative and Alternative Communication (AAC) Pathway for MND: summary guidance notes	A summary version of the full guidance. <i>Code: PG015A</i>

Audio visual	
<p>Understanding MND training video</p>	<p>This video introduces MND to health and social care professionals. It can be watched in full or as separate chapters. It is available to order on DVD or USB stick. Alternatively, view online at www.mndassociation.org/understandingmnd</p> <p><i>Price £5 plus £0.76 p&p</i> <i>Code PX030</i></p>
<p>Management of respiratory insufficiency in MND (NIV) <i>Running time: 1hr 41 mins</i></p>	<p>Aims to improve your knowledge, understanding and practice in relation to respiratory management in MND.</p> <p><i>Price £5 plus £0.76 p&p</i> <i>Code: PX025</i></p>

Other items	
MND Connect poster <i>A4 colour display poster</i>	For display at surgeries, clinics and events, to raise awareness of our helpline MND Connect who can provide information and support to all people affected by MND and also to health and social care professionals. <i>Code: PX021</i>
Respiratory checklist <i>Credit card size</i>	A quick summary of respiratory symptoms/ signs related to MND, to assist with respiratory monitoring and management. <i>Code: PX019</i>
Red Flag diagnosis tool <i>Document/A4</i>	A tool created in partnership with the Royal College of General Practitioners (RCGP) to help GPs recognise the signs of MND. <i>Code: PX026</i>
How the MND Association can support you and your team <i>Leaflet/A5</i>	An outline of the services and support we offer to health and social care professionals. <i>Code: PX009</i>
Professional reply cards <i>Pre-paid postcards</i>	Designed for distribution at educational events and conferences. Professionals can complete this card with their details in order to receive more information about MND.
Care posters <i>Laminated in A3 or A4 (please specify size on ordering).</i>	A series of posters highlighting the care information and support available from the MND Association. <ul style="list-style-type: none"> • About the MND Association • MND Association support for professionals • What is motor neurone disease (MND)? • Support from the MND Association • MND care centres and networks • Outcomes Standards • MND Association care information • Regional care development advisers • MND Association volunteering

We welcome your views

We welcome feedback on both our care information and our publications for health and social care professionals, to help us improve the content.

Feedback forms are either provided with each item or through our website www.mndassociation.org/publications.

You can also email suggestions to infofeedback@mndassociation.org or send them by post to: Information feedback, The MND Association, PO Box 246, Northampton NN1 2PR.

The Information Standard



Our care information for people living with MND and carers is produced and revised according to strict guidelines, under the Information Standard accreditation from NHS England. Find out more by selecting *The Information Standard* at: www.mndassociation.org/careinfo

If you would like to make a donation to help towards information development, please call 01604 611860 or visit our fundraising web pages at: www.mndassociation.org/getinvolved/fundraising

Anything you give will be greatly appreciated.

About us

The MND Association was founded in 1979 by a group of volunteers with experience of living with or caring for someone with MND. Since then, we have grown significantly, with an ever-increasing community of volunteers, supporters and staff.

We are the only national charity in England, Wales and Northern Ireland focused on MND care, research and campaigning.

Our mission

We improve care and support for people with MND, their families and carers.

We fund and promote research that leads to new understanding and treatments, and brings us closer to a cure for MND.

We campaign and raise awareness so the needs of people with MND and everyone who cares for them are recognised and addressed by wider society.

MND Association

PO Box 246, Northampton NN1 2PR

Tel: 01604 250505

Email: enquiries@mndassociation.org

www.mndassociation.org



@mndassoc



/mndassociation

Code PB001

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If you need any further information or support, please contact our helpline

mndconnect
0808 802 6262
mndconnect@mndassociation.org