What is motor neurone disease (MND)?

Motor neurone disease (MND) is a progressive, life-shortening condition that affects the motor neurones in the brain and spinal cord. As motor neurones become damaged, the muscles they control weaken and begin to waste away. This can affect how a person walks, talks, eats, drinks and breathes.

However, not all symptoms necessarily happen to everyone and it is unlikely they will all develop at the same time, or in any specific order.

Although there is currently no cure for MND, symptoms can be managed to help improve quality of life.

MND can cause:

- weakness and increasing loss of movement in limbs
- twitching and rippling sensations under the skin
- muscle tightness, cramping and pain
- problems with breathing and fatigue
- difficulties with speech, swallowing and saliva
- problems with thinking, understanding, learning and emotions.