Support and information for children and young people

MND Association
PO Box 246
Northampton
NN1 2PR
Telephone: 01604 250505
www.mndassociation.org
If you or someone close to you has been diagnosed with MND, you may be worried about support for a child or young person in your family. We have information and services that may support you and your child.

**Information**

When someone close has MND
Our interactive workbook for 4-10 year olds to enable a trusted adult to talk to a young child about MND, at a speed that feels appropriate.

So what is MND anyway?
Our guide about MND for young people and young carers.

Supporting children and young people close to someone with MND
For any professional working with children or young people who have a parent, guardian, grandparent or close relative with MND.

4A Communicating about MND with children and young people
Information sheet on how to help children and young people understand what is happening when someone close is diagnosed with MND.

10G Support for families with children
Information sheet to help families with children access extra help.

**Reading Lists** - Books that may help conversations about death and loss.

Living with MND - Section 5: Family, children and friends
Caring and MND - Section 9: Support for children and young people
End of Life Guide - Section 7: Discussions with family and children.

**Support**

Dedicated website area
Provides information about MND, support options and news for children and young people. [www.mndassociation.org/ypinfo](http://www.mndassociation.org/ypinfo)

Young Connect helpline
0808 802 6262 and youngconnect@mndassociation.org

Young person support grants
We offer a grant of up to £250 to support young people aged 18 or under who are affected by MND.

**Family support events**
Contact your nearest MND Association branch or group to find out more.

**Contact our helpline for more information.**